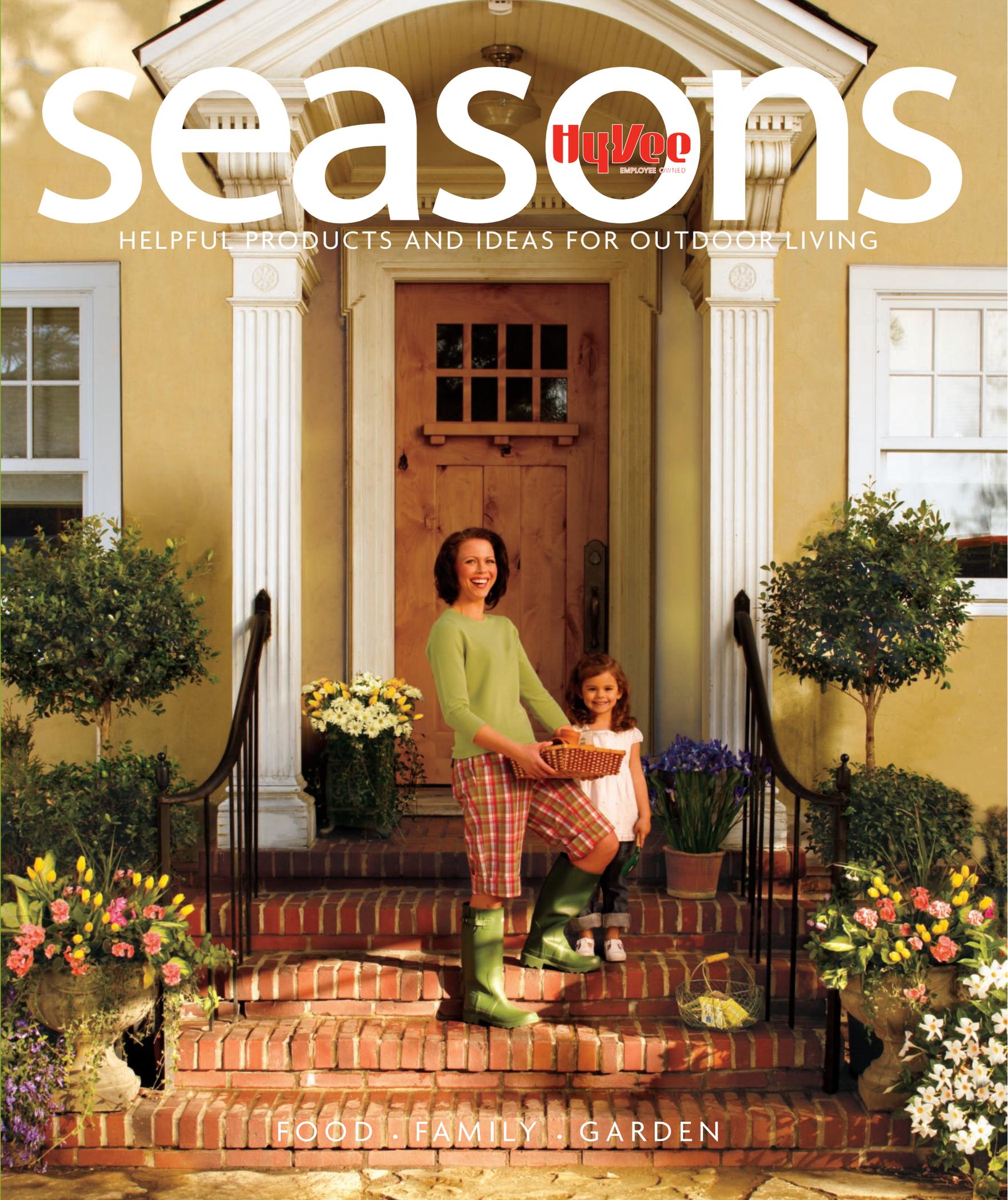


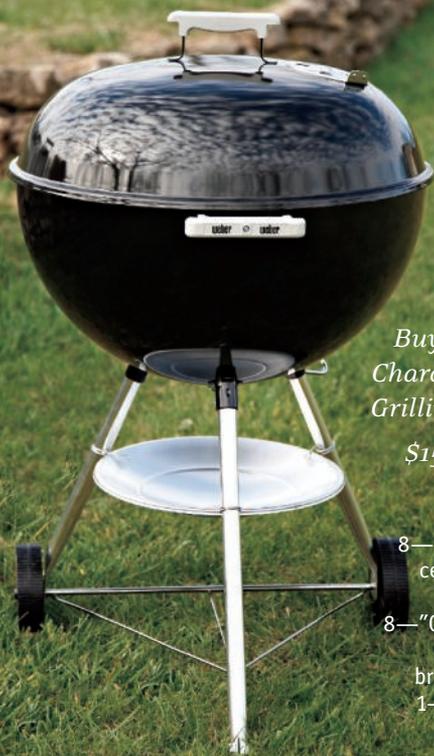
seasons

HuVee
EMPLOYEE OWNED

HELPFUL PRODUCTS AND IDEAS FOR OUTDOOR LIVING



FOOD . FAMILY . GARDEN



Buy the Weber 1-Touch Charcoal Grill—get a **FREE Grilling Meat Bundle Pack** \$15-plus retail value!

- Pack includes:
- 8—Not less than 85% lean certified ground chuck patties 5 oz. each
 - 8—“Our Special Recipe” fresh Italian sausage or bratwurst 3.75 oz. each
 - 1—8 ct. Farmland Beef Franks 16 oz. pkg.



Weber 1-Touch Charcoal Grill 22.5" with Free Grilling Meat Bundle Pack (\$15-plus value) \$99.98

Hy-Vee Charcoal Briquets
18 lb. \$4.96



Bounty Big Roll Paper Towel
single roll 1 ct. 4/\$7.00

Kraft BBQ Sauce: selected varieties 18 oz. 10/\$10.00



DEAR FRIENDS,

Spring is here—a glorious time of renewal and rebirth. Along with greening grass and budding leaves, it's time to spruce up and enjoy our homes, inside and out.

In this issue of *Hy-Vee Seasons*, learn how Hy-Vee's products and people can help you turn your home into a show place—well-organized and sparkling clean—and transform your yard into a bloom-filled retreat.

Chase away winter's cobwebs and make your rooms orderly, fresh, and clean using high-quality, home care products and tools and our handy tips (see *Clean Sweep*, page 18). Then turn your attention outdoors to realize your yard's potential for being a private vacation get-away. Green up the lawn, plant a lush garden, or plan a bubbling waterfall into a life-filled pond (see *Turf Warrior*, page 32) and create inviting outdoor rooms (see *Room with a View*, page 8). Hy-Vee Garden Centers are stocked with a bounty of blooming plants, trees, shrubs, bushes, tools, lawn-care products, furniture, and decorative accessories. Most everything you need in one convenient location.

Warm-weather entertaining is a breeze with delicious recipes from Hy-Vee Test Kitchen, grilling tips from Hy-Vee Meat Market pros, and creative floral and decorating ideas. Treat your friends and family to a variety of memorable spring and summer gatherings (see *Dinner Alfresco*, page 24; *Kings of the Grill*, page 52; and *Perfect Picnic*, page 44) and look to Hy-Vee for all you need for successful hosting.

When it's time for a vacation, look no farther than the Midwest for enjoyable road trips. Midwestern communities beckon with activities, events, and sights (see *Best of the Midwest*, page 58). And once again, Hy-Vee is there with helpful products—cameras, travel DVDs and movies, books and magazines, coolers, collapsible lawn chairs, food for roadside picnics, snacks, and drinks.

WISHING YOU SUNNY DAYS AHEAD!

—Your friends at Hy-Vee



seasons Hy-Vee

GARDEN 2007 • VOLUME 1 ISSUE 3

CONTENTS

Green Thumb 101	2
Room with a View	8
Yards of Personality	14
Clean Sweep	18
Dinner Alfresco	24
Turf Warrior	32
Serve Up Sunshine	42
Perfect Picnic	44
Kings of the Grill	52
Best of the Midwest	58

Hy-Vee, Inc.:

chairman of the board, chief executive officer, president: **RIC JURGENS**

vice president marketing: **PAULA CORREY**

assistant vice-president, graphic design: **MATT NANNEN**

Grey Dog Media LLC Integrated Marketing:

director of business operations: **ADAM VENTLING**

editorial director: **WANDA J. VENTLING**

art director: **JAN M. CARLSON**

managing editor: **CARLEEN SIPES**

editor: **ALISON VENTLING**

editorial intern: **ELISABETH HUNSBERGER**

text manager: **KATHY ROTH EASTMAN**

food stylist: **SUSAN STRELECKI**

hair and makeup stylist: **MARY-KATE GALES**

cover photograph: **KING AU**

this page and back cover: **PETE KRUMHARDT**

opposite product photos: **TOBIN BENNETT**

Prices effective March 28, 2007, through April 24, 2007 (while quantities last).

©2007 by Hy-Vee, Inc. All rights reserved. Printed in the U.S.A.

Hy-Vee Seasons recipes are tested by the Hy-Vee Test Kitchen food technologists to guarantee that they are reliable, easy to follow, and good-tasting.



Don't just imagine the garden of your dreams—plant it! With easy-growing annuals, exotic tropicals, and dependable perennials from Hy-Vee, you can transform your yard into a private haven. Whether you outfit an entry garden, decorate a front porch, or improve the view from the family

GREEN THUMB 101

patio, colorful flowers and foliage plants easily steal the spotlight—all summer. Not sure where to begin? We show you how. Ready, set, grow!

WRITTEN BY JULIE MARTENS PHOTOGRAPHED BY KING AU

SPRING FEVER TURNS EVEN THE MOST SEASONED GARDENER INTO AN IMPULSE SHOPPER. POTS OF PRETTY PANSIES, RACKS OF RED GERANIUMS, AND BASKETS OF OTHER BLOOMING ANNUALS SPUR EVEN THE STEADIEST MIDWESTERN HEART TO SKIP A BEAT.

Navigate the petal-filled displays at Hy-Vee Garden Centers with a plan. Determine how you'll add living color to your yard this year, then be sure to get what you need, and perhaps find room for a few extras that catch your eye.

PERFECT POTS

Beautiful container gardens begin with gorgeous pots from Hy-Vee. For greatest impact, select a mix of sizes to group together, choosing a style that suits your home's architecture. Terra-cotta pots offer classic beauty, but unglazed versions require more frequent watering. Whichever container you use, it needs drainage holes. If your signature style settles on a pot that lacks a hole (and you don't want to drill one), plant in a plastic pot and slip it inside the decorative one.

Position pots in opposing pairs, like bookends, to add formality to porches, stairs, or decks. Gather a trio of containers in different sizes and complementary styles to stage a potted garden.

To grow container gardens that earn rave reviews, amend the soil and fertilize. To quality soil mix, add water retention crystals to reduce irrigation chores and as you plant pots, mix slow-release fertilizer into the soil. About 5 weeks after planting, begin applying liquid bloom booster to containers filled with flowering plants. Continue applications every 7 to 10 days all summer, and experience true flower power.

BEAUTIFUL BEDS

Design planting beds that unroll a multicolor carpet from spring to frost by blending annuals and perennials. Begin with a focal point—birdbath, sculpture, oversize pot (for ideas see *Yards of Personality*, page 14), or large tropical plant, such as banana—then plant around it. Balance color on both sides of

the focal point or create a bed that segues one color family. For instance, arrange plants that fade from red to orange to coral to pink to white.

Combine perennials and annuals in planting beds. With young perennials that haven't reached mature size, use annuals to daub color into the scene. Some annuals, left to set seed, reappear year after year. Good choices are cleome, breadseed poppy (*Papaver somniferum*), four-o'clocks, and purple perilla (a foliage plant). In spring, as plants sprout, transplant or move seedlings.

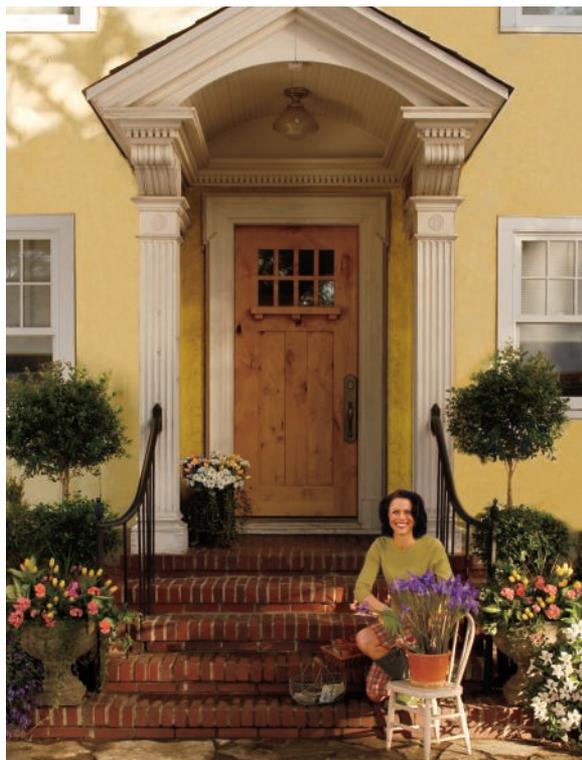
EASY EDIBLES

Give your family a taste of homegrown goodness by tucking a few palate-pleasing herbs, fruits, and vegetables into your yard. Fill a pot with flavorful herbs, or grow strawberries in a container. Get kids involved by planting a pizza garden in a 3-foot-square bed in sunlight or a large pot. Plant basil, oregano, Roma tomatoes, onions, and whatever else your gang likes

to top a pizza. To grow a salad garden, fill a large container with lettuces, green onions, cherry tomatoes, and dwarf cucumber vine. Intermix vegetables throughout ornamental planting beds for texture, taste, and variety.

EXOTIC ELEGANCE

Stir South-of-the-border style into planting pots and beds with red banana, black elephant ears, phormium, ginger, or mandevilla vine. Tropical foliage plants, such as banana and elephant ears, grow large—and quickly make a splash in the garden—when provided with adequate water, weekly fertilizer, and plenty of elbow room. Grow these specimens in large containers (minimum 12-inch diameter and depth), and supply deep saucers to catch excess water.





MIX IT UP

Feed your hunger for bursts of color with inspiring container plantings. Choose plants to suit the scale of your container, selecting a blend of foliage—feathery, long, lean, or broad. In each pot, position a vertical plant in the center or toward the back of the pot, surround it with a filler plant (or two), and edge it with a trailing selection.

Design pots with your own plant choices, or try these suggestions that fill 12-inch pots. Increase or decrease the number of plants based on container size.

BUTTERFLY MAGNET

- 1 *Bandana* lantana
- 3 dark blue/purple salvia
- 2 *Callie Rose* calibrachoa

PATRIOTIC POT FOR SUN

- 1 red *Kong* coleus
- 1–2 white geranium
- 2 blue/purple supertunia

FOR PARTIAL SHADE

- 2–3 red-leafed caladiums
- 1–2 double white impatiens
- 2 blue nemesia

FUN IN THE SUN

- 1 orange-tinted phormium
- 1–2 brachyscome
- 1 orange osteospermum
- 2 scaevola

MADE FOR SHADE

- 1 tall shade-loving burgundy coleus
- 1–2 lavender/pink *New Guinea* impatiens
- 2 golden creeping jennie (*Lysimachia*)

HOT AND DRY COLLECTION

- 1 red-tinted phormium or sun-loving coleus
- 1 *Diamond Frost* euphorbia
- 2 *Callie Sunrise* calibrachoa
- 1–2 blue scaevola

TOOL TIPS

Keep garden tools in tip-top shape. Clean dirt from tools and dry metal parts before storing. Rub metal blades, tines, and heads with an oil-soaked cloth to prevent rust. Annually, gently sand wooden handles and rub linseed oil into wood. Sharpen cutting blades frequently, and especially after major pruning projects. Oil joints of pruners and loppers.



1. Hy-Vee Garden, Jersey or Latex Gloves 1 pr. 2/\$3.00
2. Rectangle Deck Planter: asst. colors fits 2" x 4" or 2" x 6" rail 1 ct. \$14.42
3. Kid Tuff Gloves: assorted styles 1 pr. \$4.99
Childrens Hand Tools: assorted varieties 1 ct. \$1.98
4. Hy-Vee Plant Starter 40 oz. bonus \$5.99
5. Hy-Vee Home Insect Control Ready to Use 1 gallon \$12.98
6. Hy-Vee Grass & Weed Killer Ready to Use 32 oz. \$4.29
7. Hy-Vee Lawn Weeder Ready to Use 32 oz. \$4.88
8. Hy-Vee Home & Garden Insect Control Ready to Use 32 oz. \$4.97
9. Nature's Creation All Natural Liquid Plant Food Hose End 30 oz. \$9.98
10. Miracle Gro Liquafeed Starter Kit Ready to Use \$14.98
11. Sunray Short Handled Garden Tools: assorted varieties 1 ct. \$4.96

11





grow like the pros

Tuck summer-flowering bulbs in garden beds and containers for easy-care color. These goof-proof beauties take gardening to a new level of low-maintenance luxury. Simply tuck them into soil, provide plenty of water, and let them grow.

Planting depths vary, but generally, bury bulbs a depth equal to three times its diameter. Follow planting recommendations on package labels. In sandy soil, plant slightly deeper than suggested; in heavy soil, plant less deep. Some tall-growing bulbs, such as dahlia, require staking. To avoid damage to bulbs later, insert narrow green bamboo stakes, which will be hidden by foliage, at planting time.

Add bulb fertilizer in holes at planting time. In subsequent years, fertilize perennialized bulbs in spring by scratching slow-release organic fertilizer into soil around clumps, or mulch with a layer of compost. Divide clumps when bulbs become overcrowded or display fewer blooms.

Some summer bulbs—lilies and gladiolus—are hardy to Zone 4 and increase in size and bloom potential year after year. Others, such as canna, dahlia, and caladium, are frost-tender and must be lifted and stored for winter. Dig bulbs after frost kills foliage, shaking soil from bulbs or tubers. Arrange them on an elevated screen to dry. When dry, move them to a cool (45-50°F) dry place for winter. Store them in loose peat moss, paper sacks, or onion bags. Check bulbs during winter and if any show signs of mold or rotting, toss them.

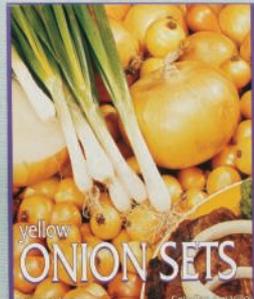
PLANT NAME	ZONE	HEIGHT	BLOOM TIME	FLOWER DESCRIPTION	PLANTING DEPTH	GROWING TIPS	LANDSCAPE IDEAS
Asiatic Lily (Lilium hybrids)	Zones 3-10	1-3 feet	Summer	Trumpet-shape flowers grow to 6-inch diameter and carry 4 to 8 blossoms. White, yellow, pink, red, and orange.	4-6 inches	Plant in full sun in well-drained soil.	Clumps of bulbs grow over time. Sturdy stems rarely need staking, but large clumps may require support. Insert a hoop stake around clump as stems emerge in spring. Interplant lilies in mixed borders of perennials and annuals.
Belgian or Tuberous Begonia (Begonia hybrids)	Zones 9-11	1-1½ feet	Spring to fall	Petals face direction of the leaves. White, pink, or scarlet.	2 inches	Site in morning sun to partial shade. Lift and store for winter after frost kills foliage.	Beautiful in pots. Cascading varieties create lovely hanging baskets; charming displayed on plant stands.
Caladium (Caladium bicolor)	Zones 8-11	1-2½ feet	No flowers; bears colorful leaves.	Large arrowhead-shape leaves marked with white, pink, and red patterns.	4 inches	Grow in partial to full shade. Lift and store for winter in cold climates.	Plant in pots skirted with trailing green ivy or ruffled Boston ferns. Use in a single color en masse for a colorful bed planting.
Cala lily (Zantedeschia)	Zones 9-11	1½-2½ feet	June-July	Large flowers grow from 6-8 inches. Colors range from white to pastels to vibrant red.	3-4 inches	Grow in full sun to partial shade in consistently moist soil. Callas grow in 12 inches of water; use them along pond edge. Clip spent flowers, snipping stalks as close to soil as possible. Lift and store bulbs in cold zones.	Grow in pots for summer-long interest. In cold-winter areas, store bulbs in pots indoors as houseplants situated near a sunny window or as dormant bulbs (allow soil to dry out; resume watering in spring).
Canna (Canna hybrids)	Zones 7-10	3-10 feet	July-August	Asymmetrical flowers that bloom in all colors except purple and blue. Many freckled varieties.	4-6 inches	Give plants full sun and ample moisture for a stunning floral show all summer. Plant selections with colorful foliage for exotic beauty.	Experiment with dwarf varieties in flowerbeds or containers. In the landscape, plant dark-leaf cannas with a flourish of trailing white or yellow zinnias and a ruffle of chartreuse sweet potato vine or vining purple petunias.
Dahlia (Dahlia hybrids)	Zones 7-10	1-6 feet	July-September	Flowers in size from 1-8 inches. Bloom in a variety of colors; predominantly yellow and red.	Taller types 6-7 inches; dwarf selections 2-3 inches	Reserve a sunny spot for these spectacular flowers. Tall varieties require staking at planting to avoid spearing later. Lift and store in cold zones.	Terrific cut flowers. Grow in groups of three. Remove spent flowers to encourage new bud formation.
Gladiolus (Hortulanus)	Zones 4-10	1-2 feet	June-July	Petals usually face the same direction; every color except blue.	4 inches in clay soil; 6 inches all other soil	Arrange in full sun in groups of 5-7 bulbs. Choose a protected location to avoid wind damage to flower spikes.	Extend the floral show by planting groups of bulbs 1 week apart over 3 weeks. Gladiolus are lovely cut flowers.
Oriental lily (Lilium Oriental)	Zones 5-9	3½-4½ feet	Mid-July-August	Trumpet-shape flowers grow to a 6-inch diameter. Colors vary with freckles on inner petal.	4-6 inches	Plant in full sun in well-drained soil. Tall stems need metal stakes at planting time for long-lasting support.	Place near outdoor seating to savor fragrance. Pair with roses or moonflower vine for a double-dose of floral perfume. Plant in odd-number groups.
Tiger lily (Lilium lancifolium 'Splendens')	Zones 3-9	4-7 feet	July-August	Orange trumpet-shape flowers grow to 6-inch diameter; freckles on inner petal.	5-6 inches	Plant in full sun to partial shade in odd-number groups. These lilies thrive in consistently moist soil; a terrific choice for damp low spots.	Plant at back of a border for a tower of orange. This elegant bloomer deserves a place in every garden.



asiatic hybrid grande
LILIAM
Lilium Hybride Asiaticum • Lilium Hybride Asiatica
Blooms in Summer • 36-48" Height

2
BULBS
SIZE
14-16 cm

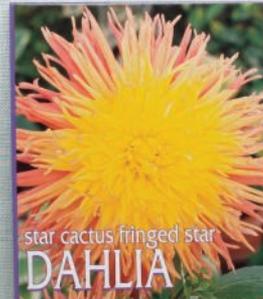
Perennial
Bulbs



yellow
ONION SETS
Lilium Hybrid Asiaticum • Lilium Hybrid Asiatica

80
BULBS
SIZE
US #1

Grow Green or
Table Onions



star cactus fringed star
DAHLIA
Dahlia "Star Cactus" • Dahlia "Star Cactus"

1
BULBS
SIZE
No. 1

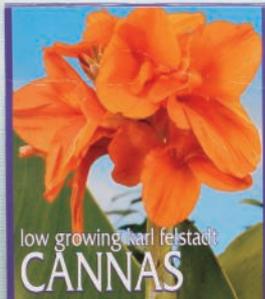
Excellent Cut
Flowers



oriental hybrid grande
LILIAM
Lilium Hybride Oriental • Lilium Hybride Oriental
Blooms in Summer • 36-48" Height

2
BULBS
SIZE
14-16 cm

Perennial
Bulbs



low growing carnation
CANNAS
Cannas "Nantes" • Cannas "Nantes"

3
BULBS
SIZE
2-3 eye

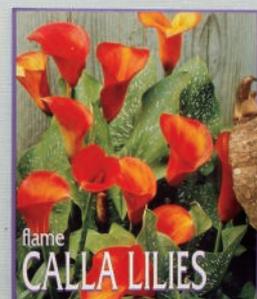
Large Showy
Blooms



tiger orange
LILIAM
Lilium "Tiger Orange" • Lilium "Tiger Orange"

2
BULBS
SIZE
14-16 cm

Perennial
Bulbs



flame
CALLA LILIES
Calla Lily "Flame" • Calla Lily "Flame"

2
BULBS
SIZE
10-12 cm

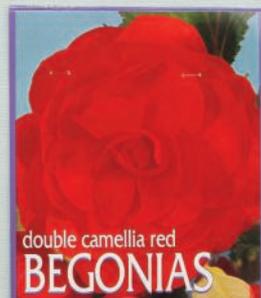
Excellent Cut
Flowers



GARLIC

3
BULBS
SIZE
10-12 cm

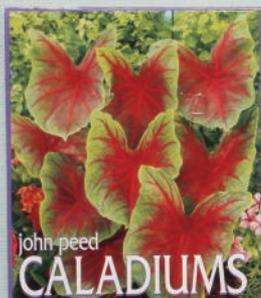
Ideal for
Home Gardens



double camellia red
BEGONIAS
Begonia "Fusch Camellia Double Red" • Begonia "Fusch Camellia Double Red"

2
BULBS
SIZE
10-12 cm

Excellent for
Containers



john peed
CALADIUMS
Caladium "John Peed" • Caladium "John Peed"

3
BULBS
SIZE
10-12 cm

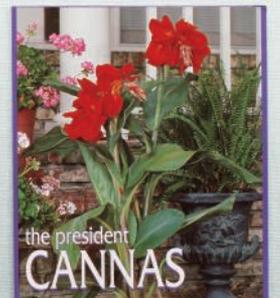
Colorful Foliage
All Summer



oriental hybrid stargazer
LILIAM
Lilium "Stargazer Oriental" • Lilium "Stargazer Oriental"

2
BULBS
SIZE
14-16 cm

Perennial
Bulbs



the president
CANNAS
Cannas "The President" • Cannas "The President"

3
BULBS
SIZE
2-3 eye

Large Showy
Blooms



ELEPHANT EAR
Les oreilles d'elephant • Oreilles d'elephant

1
BULBS
SIZE
14-16 cm

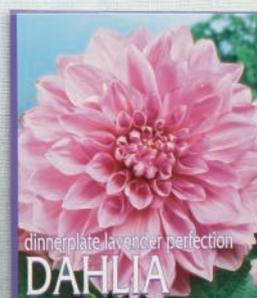
Giant Foliage
all Summer



blue isle
GLADIOLUS
Gladiolus "Blue Isle" • Gladiolus "Blue Isle"

10
BULBS
SIZE
14-16 cm

Excellent Cut
Flowers



dinnerplate lavender perfection
DAHLIA
Dahlia "Dinnerplate" • Dahlia "Dinnerplate"

1
BULBS
SIZE
No. 1

Huge Blooms
Summer-Fall



my love
GLADIOLUS
Gladiolus "My Love" • Gladiolus "My Love"

10
BULBS
SIZE
14-16 cm

Excellent Cut
Flowers



CASTAWAY SERIES

5-Piece Patio Set with Convertible Fireplace Table

Steel Frame - French Roast Color, 46"x46" Tile-top Fireplace \$649.99

ROOM WITH A VIEW

Living is easy when you move outdoors for the summer.

With days warm and lazy and soft evening breezes carrying the fragrance of flowers, it's high time to move outdoors. Whether it's dinner on the patio, lemonade with neighbors, or spaces for solitary reading, summer beckons. To fully enjoy the great outdoors, plan the perfect setting with accessories.

WRITTEN BY KATHY ROTH EASTMAN PHOTOGRAPHED BY PETE KRUMHART

DREAM IT

Expanding living areas into outdoor spaces is a design practice worth following, says Wanda Ventling, designer and author/editor of decorating books and magazines. "Creating outdoor rooms to enhance or expand interior spaces has been a part of home design throughout the ages. Today's exterior spaces, designed around quality furniture, are meant to be functional and stylish," says Ventling. "Outdoor rooms inexpensively add square footage to your home. Even in the Midwest they can be enjoyed for half the year—or longer—if you add a fireplace and a few camp blankets," she adds.

Plan outdoor rooms much like you would your indoor spaces. Consider how they'll be used, seating and table requirements, and which creature comforts will make the space friendlier, such as umbrellas and fireplaces. Ventling suggests incorporating a dining set, cushy chairs and low tables for long chats with friends, and a private swing or chaise for quiet times reading, bird watching, or daydreaming. "It's possible to develop several areas, even in an ordinary yard, with good planning," says Ventling.

She advises letting architecture as well as yard size and shape, configuration of the yard and patio, and the location of streets and neighboring properties determine outdoor living spaces. Ventling suggests looking carefully at the bones—yard entrances from the house and their proximity to the kitchen and bathrooms, flooring changes (grassy, wood, stone, brick, or rock), plantings, fences, and hardscape (walls, pergola, gazebo, and water features). If your yard lacks trees, shrubs, and beds for flowers, vegetables, and herbs, incorporate those in your plan.

Formulate short-term and long-term goals, then work toward outdoor spaces that you will love. "It's possible you may have to build your dreams in stages, especially if you plan to add large-scale elements, such as a deck or pergola. My advice is to keep your long-term dreams while enjoying outdoor living today. It's really quite easy with furniture sets that Hy-Vee offers. Good quality furniture in classic styles will transition from simple spaces to the grandest scheme," Ventling says.

BUILD IT

If your deck or patio is roomy, take advantage of the area for furniture placement. However, don't rule out open yards for expansion. Imagine another room or two beyond the patio.

Ventling recommends first considering "flooring." Plan to place furniture directly on the grass or a well-defined patio. Flooring of blocks, bricks or stones abutted edge-to-edge make a continuous and mostly level surface. Irregularly spaced surfaces that allow for grasses, herbs, or mosses to grow between or for gravel to separate, have a rougher surface yet natural appeal. Rugged pea gravel and sand are easy to install and care for, while outdoor carpet or painted floor cloths add style and panache.

Walls and a ceiling are possible additions to an outdoor room; you can approach these features in various ways. For example, pergolas outline seating or dining areas. Walls of such a structure can be constructed of logs or painted posts, with a lattice canopy that provides shade or shelter. For more privacy, beauty, and scents, train vines up and over the structure.

Canopies, ready made or constructed with metal poles and fabric, offer shade, ambiance, and definition. Large umbrellas serve a similar purpose. Solid fencing in brick, wood, or other materials block out the world beyond.

Use plants to define and separate rooms, establish boundaries, and move traffic from one area to the next. Tall hedges provide privacy while flower beds or structural plants create a visual break. Tall, leafy trees offer the illusion of a ceiling, while vines climbing a trellis provide a lacy peek-a-boo wall.

To ground any outdoor arrangement in its setting, Ventling recommends arranging furniture around or near a focal point—fire pit, water feature, artwork, plant specimen, or even an architectural feature of your home.

FURNISH IT

Patio furniture may be the first purchases you make after putting together your short-and long-term plans, Ventling says. That's because in order to begin using your yard as an outdoor

room, you'll want to have at least a few pieces that offer a comfortable gathering spot for guests. She offers these tips for purchasing your backyard furnishings:

- Look for functional pieces with classic lines that are well-proportioned to your current space.

- Select durable, weather-safe fabrics. Earthtones—brown, tan, green, and sky blue—blend with nature's color schemes, allowing the furniture to blend with the yard. Accessories can be used to add more color.

- Allow adequate spacing between furniture for people

to safely move around. For example, if you choose furniture for a small space—a 10' x 10' deck with no room for expansion—select appropriately scaled pieces, such as a bistro table and two or four chairs.

- Position chairs and sofas to face each other creating groupings that encourage conversation. Test the distance between chairs or sofas by rearranging them in the grouping and checking locations for comfort, visibility, and ability to hear conversations.



MILTON SERIES

3-piece Bistro Furniture Set Steel Frame - Espresso Color Tempered Glass Table, Two All-Weather Chairs **\$124.98**



MANOR SERIES
 10-piece Sling Material Furniture Set
 Steel Frame—French
 Roast Color, 6 Sling-Back Chairs,
 2 Sling-Back Ottomans, 52"
 Oval Tempered-Glass Dining Table,
 Tempered-Glass Square
 Side Table **\$374.42**



**RESIN WICKER
 FURNITURE SET**
 Antique Walnut Color
 1 Loveseat, 2 Chairs,
 28" Coffee Table,
 (Durable, Steel Frame,
 All-Weather Construction) **\$299.42**



**KIDS' 3-PIECE
 WICKER BISTRO SET**
 White or Tan **\$99.96**

DAKOTA SERIES
 5-piece Furniture Set
 Cast Aluminum Frame (lightweight)
 Graphite Color, 42" Square Tempered
 Glass Table, 4 Rocking Swivel Cushion
 Chairs **\$399.86**
CASTAWAY OVERSIZE UMBRELLA
 9' x 12' **\$148.98**



NEW HAMPSHIRE SERIES
3-Seat Cushion Swing with Awning
Steel Frame – Sea Grass Color, 6' x 5.5' \$169.42



MATERIALS PRIMER

Consider these materials and features as you shop for outdoor furniture:

Steel, stainless or with a powder sealant coat to protect it from rusting, can be tubular or sleek solid. It's heavy and extremely durable and often has graceful, flowing designs.

Wrought iron can be worked into flowing shapes. It's heavy and welds well but can be brittle. To prevent breaks, avoid strong impacts and extreme cold.

Cast aluminum furniture is the most durable of all metal outdoor furniture. It is rust-proof, weather-resistant, and easy to care for. Solid metal makes the pieces dent resistant and heavy enough to stay in place. Many pieces are welded for added strength and may offer such detail work as intricate patterns (leaf and flowers, for example). The tough, baked-on finish called powder coat is six times thicker than paint, making it extremely weather-resistant. Wash with soap and water and protect it with liquid wax, car wax, or silicon spray.

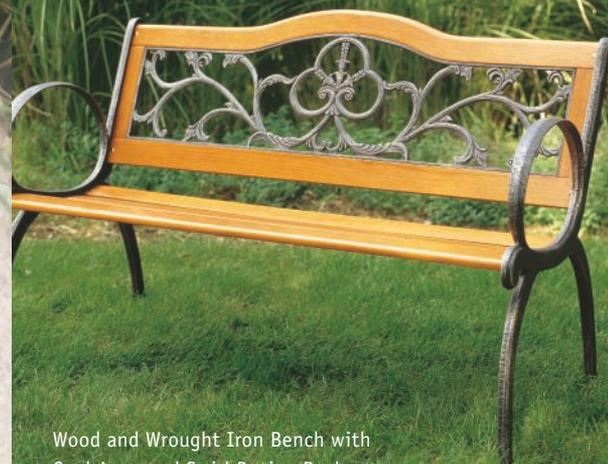
Wood can be used alone or mixed with metals. Sun, rain, and cold can damage wood, especially if it is not properly sealed. To seal wooden outdoor furniture, sand it lightly and apply outdoor wood sealer, marine varnish, or pure tung oil. Reapply the finish yearly; sand all the surfaces lightly before applying the finish.

Resin wicker offers the beauty of wicker with durability that holds up to the elements and requires minimal care. Resin, made through a solid-molding process, is UV- and soil-resistant. High-quality products are assembled from multiple resin pieces and have a shiny lacquer finish. Simply hose off or wash with a mild detergent; dry with a soft cloth.

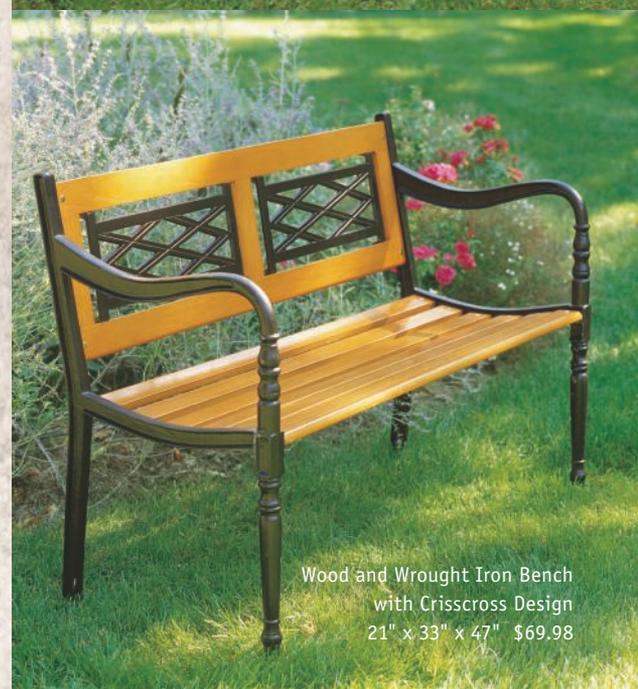
Weather-resistant cushions and fabrics (outdoor draperies, slipcovers) defy sun fading, wind tears, stains, bacteria, and mildew. They also repel water and can handle freezing conditions. Cushion filler is made from polyester fiber-fill, foam, or a combination. Newer fiber-fill cushions, called densified, allow water to run through and dry quickly.

Sling material is an open-mesh fabric of vinyl-coated polyester yarn fabricated to be pulled tightly against chair frames. Slings offer a clean line, stylish look, and comfort. The materials breathe, let water flow through, and always feel cool.

Umbrellas are made from fabrics that are fade resistant, provide UV protection, and withstand rain and wind. Open-weave umbrella fabrics allow hot air to waft out. Sturdy umbrellas, purchased as part of a table set or freestanding, usually have 50- to 70-pound bases to hold them in place. To cover a table, look for an umbrella at least 4 feet broader than the diameter of the table. Options: cranks or ropes to raise and lower the umbrellas, tilt mechanisms, and built-in lights. Bases are aluminum, iron, or concrete.



Wood and Wrought Iron Bench with
Oval Arms and Swirl Design Back
48" x 26" x 29" \$69.98



Wood and Wrought Iron Bench
with Crisscross Design
21" x 33" x 47" \$69.98



Wood Bench with Floral
Iron Back 49.6" x 24.8" x 32.6"
\$79.86



Wrought Iron Bicycle with Planter Stand \$99.99

YARDS OF PERSONALITY

WRITTEN BY JILANN SEVERSON PHOTOGRAPHED BY KING AU, TOBIN BENNETT, AND PETE KRUMHARDT

ATTENTION TO DETAIL TRANSFORMS A PRETTY LAWN AND GARDEN TO A FABULOUS OUTDOOR RETREAT. SELECT ACCENTS THAT REFLECT YOUR STYLE OF DECORATING AND ENTERTAINING FOR EXTRA SPECIAL SPACES.

The lawn is lush and flowers are blooming. It looks grand, yet something seems lacking as you survey your yard. You know how to personalize your indoor spaces, so simply apply these same techniques outdoors.

The next time you pass garden and outdoor-living displays in the Hy-Vee Garden Center, look for decorations that bring your sense of style well beyond the back door.

Garden accessories are much like flowers that surround them—some are perennials that you'll reuse each year, others are annuals to readily swap out to suit your mood or decorating preferences.

Large, expensive, or permanently installed items are perennials. Quality furniture (see *Room With a View*, pages 8-13), statues, fountains, fireplaces, decorative benches, arches, and trellises are examples. Use these to create the bones of your outdoor room. Select a color and style that you won't tire of quickly for pieces you'll enjoy for years.

Colorful pots, ornaments, whirligigs, and wind chimes are annual accessories. While you may use them for years, relatively low prices allow for changing out and adding the latest seasonal designs.

When purchasing accents, go out on a limb to pick trendy colors, funky or whimsical motifs, or characteristics that express your interests or style. Like annual flowerbeds, next season these accessories can be put in the same spot, rotated to a new area in the yard, or shared with a friend while you try something new.

LOW DOWN AND HIGH FLYING

Use garden decor to focus attention on specific spots in the yard. By varying heights of items, the eye will naturally travel through and around garden displays.

At ground level, tuck small figures or plaques in low-growing flowerbeds for a bit of charm, or snuggle colorful glazed pots among blossoms for unexpected texture and height. Children, especially, delight in little surprises hidden close to the ground where they can serendipitously discover them.

Take interest to a higher level with pots of blooming flowers or trailing vines elevated on pedestals, and hang artwork or chimes. Items displayed close to the house should be large enough and elevated sufficiently so they



1 2



3



4

TREAT YOUR
OUTDOOR LIVING
SPACES AS YOU DO
INDOOR ROOMS:
ADD PERSONALITY
WITH ACCESSORIES.



5



6 7



8

aren't dwarfed by the background of the home. To draw eyes outward and upward to a far-away point, place a tall planter, shepherd's hook, or sculpture so guests look beyond immediate surroundings. Adding height in an area with a carefully chosen accessory or two brings focus to a particularly lovely tree or sets off a private seating area.

With highs and lows covered, concentrate on mid-range accessories. Add stakes with messages, small decorative flags, or your signature image (dragonfly, cat, or starburst, for examples) near the entryway to greet family and friends.

GATHER WITH GUESTS

Garden accessories help visitors feel at home in your yard. Besides acting as conversation-starters, garden accessories serve practical functions. While entertaining, encourage guests to move about by strategically placing colorful tubs of beverages. Friends will have a chance to mingle and view the plants and surprise accessories throughout the yard. On cool evenings, gather 'round an outdoor fire pit and linger outside longer.

Humans aren't the only guests to visit your yard. Invite birds and other wildlife by including birdfeeders, bird houses, birdbaths, and butterfly houses in your garden decor. By offering such inviting habitats, you can view outdoor entertainment even from inside the house.

1. Mosaic Birdfeeder with Copper Roof: assorted styles 14.5" **\$19.98**
2. Metal Screen Stake with Leaves: assorted styles 43"-48" **\$24.98**
3. Green Wooden Birdfeeder with Pink Roof 12" **\$14.42**
4. Wrought Iron Plant Stand with Gems: holds 3 plants 25" x 8" x 9" **\$16.88**
5. Wrought Iron Windmill with Rooster 23" x 58" **\$45.98**
6. White Heart Shepherd's Hook 1 ct. **\$29.99**
7. Metal Birdfeeder with Dragonflies 10" **\$14.97**
8. Mosaic Birdbath with Wrought Iron Stand 22.75" **\$29.99**
9. Fiberglass Planters: assorted colors 10.5"-12" **\$14.98**
10. Birdfeeder with Perch 8.5" **\$4.87**
11. Cast Iron Scroll Fire Bowl with Screen Antiqued **\$149.44**
12. Indoor or Outdoor Wavy Fountain with LED Light 28" **\$99.96**
13. Inspirational Garden Stake with Glass Ball: assorted varieties 44" **\$19.99**
14. Cast Iron Firepit with Screen and Cover **\$149.44**
15. Antiqued Birdbath 25" **\$19.96**
16. Metal Impressions Color Pot **\$28.00**
17. Craftware Glazed Spanish Pot: assorted colors and styles 9"-15" **\$11.75-\$27.95**
18. Mini Plant Stand: assorted colors 24" **\$12.96**



9 10



11 12



13 14



15 16



17 18



Freshen your home interior and bring an instant touch of spring with a seasonal flower bouquet from Hy-Vee. Arrangements such as this European-styled, hand-tied bouquet inexpensively add color, fragrance, life, and beauty to your home. Simply trim the stems and place the flowers in a clean water-filled vessel and enjoy the arrangement for days. Spring Cleaning Flower Bouquet: 12-stem red and white "strawberry scented" bouquet **\$11.98**

CLEAN SWEEP

When spring rolls around—with its seasonal colors, fragrances, and blossoms—it awakens the urge to freshen the insides of our homes. Transform your space with helpful organizers and products that make every home sparkling clean. Then set out a beautiful bouquet of fresh flowers and relax. Here's how to get started.

WRITTEN BY JILANN SEVERSON PHOTOGRAPHED BY KING AU AND TOBIN BENNETT



1 2



3 4



5 6



7 8



9 10



11 12



13 14



1. Plastic Spray Bottle
32 oz. **10/\$10.00**
2. Latex Gloves with Roll
Cuff 1 pr. **10/\$10.00**
3. Latex Gloves with
Straight Cuff 1 pr.
10/\$10.00
4. Windex Glass Cleaner:
selected varieties
26 oz. **\$2.88**
5. Hy-Vee Tall Kitchen
or Trash Bags: assorted
styles 40 to 80 ct. **\$4.58**
6. Sparkle Glass Cleaner
26 oz. **\$1.97**
7. Hy-Vee Translucent
Plastic Cups
50 ct. **\$1.97**
8. Hy-Vee Home Helpers
Cleaners: selected
varieties 3.5 to 32 oz.
3/\$5.00
9. Hy-Vee Spray Cleaners:
selected varieties
12 to 25 oz. **3/\$5.00**
10. Clorox Cleaning Wipes:
selected varieties
75 ct. **\$4.77**
11. Sunlight Auto
Dishwashing Detergent
60 to 65 oz. **\$2.77**
12. Method Cleaners or
Dish Soap: selected
varieties 25 or
28 oz. **2/\$6.00**
13. Method Cleaning
Wipes: pink grapefruit,
cucumber, or lavender
30 ct. **2/\$6.00**
14. Hy-Vee Ultra Sturdy
Paper Towels
3 roll **2/\$5.00**

Before taking on dust and grime, tackle clutter. As you sift through cabinets and closets, make three separate piles of things to get rid of: donations, trash, and special disposal (such as expired medications and paint). Store items you rarely need in labeled plastic bins.

As you sort, organize in small bins for easy access. A mending kit means not having to dig through the entire sewing basket to find a needle and thread; a household repair kit means common tools will be close at hand. (Purchase lacking items—tools, sewing supplies, and shoe-care products—from your local Hy-Vee.) After sorting what you'll keep, organize and properly store the items. Plastic bins keep small articles like scarves and belts corralled and protect winter wear from dust and moths. Before storing clothing, make sure it is clean and repaired. Wipe off shelves, then neatly stack bins, boxes, and individual items for easy access.

Once things are organized, get down to the nitty gritty of cleaning. Assemble a tote, filled with basic cleaning products such as surface cleaners, polishes, sponges, brushes, and non-abrasive cleansers, to carry from room to room. You'll also need a broom, mop, and vacuum.

In most cases, start cleaning from the top down so dust falls to the floor. Remove globes from ceiling fixtures (make sure bulbs are cool before handling) and wash them in warm soapy water with a drop or two of vinegar added. (Vinegar prevents soapy film build-up and streaking.) For hanging lights, turn off the electricity at the circuit box and wipe the fixture with a sponge and soapy water. Rinse the light or globe with clear water and dry it thoroughly before reassembling. For halogen lights, take care not to touch the bulb. Cleaners and even finger oil can shorten the lifespan of halogen bulbs.

Next take on walls, windows, and painted surfaces, such as painted woodwork. If the entire wall needs cleaning, wipe it with a safe, commercial cleaner or warm soapy water and, if desired a drop or two of vinegar, then quickly dry it. For heavy spot-cleaning, a strong all-purpose cleaner or grease-cutter may be needed.

A caddy filled with favorite products makes it easy to clean room by room throughout the house. Pair it with a large basket or bin to move out-of-place items to their rightful storage places.



Method home products, available at Hy-Vee, are effective cleaners, soaps, and cleaning wipes with such pleasing scents as cucumber, lavender, pink grapefruit, and green tea. The nontoxic formulas, environmentally friendly and biodegradable, are safe around kids and pets. (See product photos, *opposite*)

Method Cleaners or Dish Soap: selected varieties 25 or 28 oz. **2/\$6.00**

Method Cleaning Wipes: pink grapefruit, cucumber, or lavender 30 ct. **2/\$6.00**



1 2



3 4



5 6



When you start by organizing and de-cluttering, you'll be energized and feel like the job is half done before you start cleaning. As you organize, make bins for small repair and upkeep items. Your cupboards will be neat and tidy, and oft-used items are close at hand.

1. O-Cel-0 Large Sponge 1 ct., Scrubbers 2 ct. or Scotch-Brite Sponge Cloth 2 ct. **2/\$3.00**

2. All Libman Cleaning Supplies in stock **25% off**

3. 3M Filtrete Allergen Filters 20" x 20", 20" x 25", 16" x 25" **\$9.97**

4. Endust Furniture Polish 10 oz. or Dust Cloths 10 ct. **\$3.49**

5. Hy-Vee Cookware, Scrubber Sponge 1 ct. or Medium Sponge 2 ct. **3/\$2.00**

6. O-Cel-0 Sponge Scrubbers 4 pk. or Scotch-Brite Delicate Scrub Sponge 3 pk. **\$1.88**

7. Sparkle Paper Towel big roll 1 ct. **\$1.29**

8. Swiffer Duster 1 ct. or Refill 10 ct., Wet Cloths 24 ct. or Dry Cloths 32 ct. **\$6.96**

9. Scotch-Brite Heavy Duty Sponge 6 ct. **2/\$7.00**

10. Playtex Living Gloves: small, medium, or large 1 pr. **\$1.99**

7 8



9 10



Use a commercial cleaner from Hy-Vee or make your own by mixing 1 part vinegar with 2 parts water to spray on surfaces. For stronger grease cutting, mix 1 part ammonia with 4 parts water and apply as a spray. Use ammonia only in well-ventilated areas and **never** mix it with products containing bleach.

Use a soft brush vacuum attachment to remove dust from window treatments. If they are easily taken down, most curtains and drapes benefit from the dryer air cycle. Clean pillows by giving them a tumble in the dryer too; add a tennis ball to help fluff them. Vacuum upholstered furniture. For spot cleaning, check the label. If it has a W, you can use water-based cleaning products safely. If not, call the pros.

Clean varnished wood with oil soap or other wood cleaner. Fill in any scratches or scuffs with a crayon-style wood-filler in a matching color, then wax or polish the wood if needed.

In the bedroom, remove and launder all bed linens. Vacuum all sides of the mattress to remove dust and mites. Most newer mattresses do not require that they be rotated or turned over periodically.

Clean the bathroom in the normal manner, with a few extra chores: Check tile floor and shower grout and wash or replace bath mats and shower curtain liners.

Spring cleaning in the kitchen means tossing old spices and seasonings as well as scrubbing cabinets, countertops, and appliances. Wipe out drawers and shelves and tighten any screws on hinges and handles.

Finish up by cleaning all hard-surface floors with the appropriate cleaner. Read labels to choose the product that suits your surface. Vacuum carpets, then spot treat and shampoo them. Your environment will soon be fresh as a daisy.

RUG DOCTOR RENTAL \$5.00 OFF



Limit (1) offer with coupon.
Limit (1) coupon per customer.
Good through April 24, 2007

Rug Doctor available in most locations. See store for details.
(coupon is for machine rental only)





Experts agree that a well-organized home functions best and often stays neat and tidy with minimal daily effort. Sterolite bins from Hy-Vee are the perfect solution to help organize closets, kitchens, bedrooms, home offices, bathrooms, toy and crafts rooms, long-term storage areas, and garages. Place bins in cubicals, on shelves, or stack them. Get started today by purchasing **Sterolite products at 25% off** (limited to store quantity) at your local Hy-Vee.



DINNER @ *Alfresco*

WITH INNOVATION AND HELP FROM HY-VEE, YOU CAN PLAN AN ELEGANT PARTY THAT REQUIRES MINIMAL LEGWORK.

WRITTEN BY SAMARA RAFERT AND KATHY ROTH EASTMAN PHOTOGRAPHED BY TOBIN BENNETT



A party held under the stars, with a mix of friendly conversation, smoky aroma from the grill, clink of glasses—all in the beauty of your backyard—is a recipe for the good life. The site of a summer party can be the deck, patio, terrace, yard, or can even include both indoor-outdoor spaces. Including outdoor spaces in the party plan allows you to increase the number of people invited and lends a light, romantic outlook to the festivities.

Party preparation for an outdoor party is similar to entertaining indoors, with a few additional details to consider.

ALFRESCO DINING ROOM

If your outdoor area lacks seating, invest in comfy chairs and an outdoor dining table or two. Hy-Vee Garden Centers offer several options (see *Room with a View* page 8). Or move your dining table outdoors and set up folding tables, or allow guests to mingle holding plates of appetizers. If you party sans dining table, have side tables available for guests to set plates and glasses. In a pinch, make a dining or buffet table similar to *page 25* by topping two sturdy sawhorses with a 4x8 sheet of ½-inch plywood. For dining, set up wooden folding chairs for seating along the table and draw in two wicker armchairs for table ends.

Define seating areas on the lawn or patio with tables arranged beneath canopies or tents (consider the single-arm canopy at Hy-Vee Garden Centers, *page 11*). This romantic setting has a ba-

sic white canopy softened with sheer fabric, ambient lighting, pretty table linens, and decorative elements.

Here, a vintage-looking mini-chandelier purchased at a home improvement center for less than \$100 lights the space (have a lighting store add electrical wiring if it isn't included in the fixture purchased). Wrap the canopy frame with white Christmas lights and connect all lighting with heavy-duty weather-safe extension cords. (*Note:* Use caution with electrical lighting and always keep fixtures and cords away from moisture. Follow all label safety instructions when using lighting outdoors. For safety questions regarding electricity or lighting, check with a certified electrician.)

Once lighting is set, cover the workings of the canopy or tent structure with loosely swagged ready-made drapery scarves or sheer fabric from a fabric store home decorating department. Heavy twine holds fabric in place and relaxes the formality of the draping. If you like, hang a small cluster of shells and starfish from twine on the canopy legs. Drill tiny holes in the shells and string with lightweight kitchen twine to hang.

Continue the soft look by dressing the table in two decorator widths of pastel linen placed side by side along the table center and held in place with masking tape. Cover the center with a homemade burlap runner. Cut fabric to fit and fringe unfinished edges by pulling threads from the weave.



Create drama by setting a party under a tent. Linen and burlap fabric is a low cost, reusable tablecover. Accent the setting with Hy-Vee Garden Center and Floral Department items, such as glass containers filled with tulips, garden rock scattered down the table center, and a garden urn standing in as an ice bucket. Tiny potted flowers in lunch-size sacks tied with twine line the windowsills.



ABOVE LEFT: Entertaining is easy with this beautiful, yet easy-care, chafing dish from Hy-Vee. Hot foods stay hot while you relax with guests. Stainless Steel Rectangular Chafing Dish with Lid 8.4 qt. **\$47.96**

ABOVE AND BELOW RIGHT: For appetizers, Hy-Vee French bread is lightly coated with Hy-Vee butter-flavor nonstick spray and a squirt of Wishbone Balsamic Breeze Salad Spritzer, then broiled or grilled until golden brown. Cherry tomato halves, *page 24*, are filled with cubed fresh mozzarella cheese and accented with olive oil and fresh herbs; thyme and basil are excellent choices.

BELOW, LEFT: Hy-Vee fresh pizza is a quick and tasty starter; slice into super-thin wedges or squares.

Family Size Thin Crust BBQ Chicken Pizza **\$10.99**

Scatter white garden gravel or other rock from the Hy-Vee Garden Center down the table center. Top with white tulips in glass vases from the Hy-Vee Floral Department and seashells and coral (from crafts or aquarium stores). Coral-motif napkins, ready-made or plain white stamped with scrapbooking designs, contribute a splash of color. Wrap small flowering plants from the garden center or floral department in paper bags tied with twine for a pretty finishing accent.

A TASTE OF SUMMER

Plan to serve buffet style—a table for appetizers, another for main dishes, a third for desserts, and several for beverages. For just one table, arrange appetizers at one end, main dishes at another, and bring out desserts later in the evening.

Be prepared with an assortment of serving and holding containers. Especially in heat, it's critical to keep hot foods hot and cold foods cold. Hy-Vee chafing dishes, such as the impressive rectangular one, *left*, are stylish serving containers for warm to hot foods. Use bowls, clean pots, or urns lined with heavy-duty trash bags filled with ice to keep salads, wine, and other cold foods chilled.

To add visual interest while allowing easy access to foods, set platters and food holders at varying heights.

For summer menus, fresh is best. Select from seasonal, at-peak fruits and veggies and complement selections with light summer fare, such as chicken, seafood, imported cheeses, and fresh herb-dusted appetizers.

Situate the bar area separate from the buffet. Plan about four drinks per guest, and have plenty of ice on hand as well as non-alcoholic beverages. Cocktails typically precede the meal, while beer and wine go well with more substantial food (see *Drinks for Dining*, page 29, for tips and recipes). A variety of glassware is needed for a well-stocked bar. Stemless wine glasses from Hy-Vee are beautiful yet practical for outdoor dining—they won't topple over as easily as stemmed glassware.

When dinner's over, a dessert of fresh fruit atop pound cake or angel food cubes and drizzled with grand marnier brings the evening to a sweet conclusion.

LEFT AND OPPOSITE:

For easy meal prep, marinade chicken, orange peppers, and pineapple (for kabobs) in Hy-Vee Citrus Grill Marinade and cut veggies (to save time, buy pre-cut vegetables) in Hy-Vee Lemon Pepper Marinade. Marinate at least 20 minutes, then steam the veggies until tender, and grill, sauté, or broil the kabobs (if sautéing, let the chicken cook a bit before adding the rest of the ingredients, and skewer after cooking). Crabcakes from the Hy-Vee Seafood Department can be fried in nonstick spray or oil, three minutes per side—or baked at 400°F for 15 minutes. Keep the crabcakes and kabobs warm in the oven until serving time.



Fresh at 5

Make any meal a special event with delicious Savory Roasted Rotisserie Chicken from the Hy-Vee Kitchen—guaranteed fresh and ready between 5 and 7 p.m. or your next chicken is free!

Carefully prepared and roasted to be tender and succulent, Hy-Vee select chickens are the perfect main course for one or many. “Our Savory Roasted Rotisserie Chicken has quickly become one of our more popular items,” says Greg Frampton, Assistant Vice President, Hy-Vee Food Service. “Customers tell us that leftovers are never a problem. They often buy an extra just to use in recipes such as enchiladas and chicken salads,” says Frampton. Hot and ready roasted chickens offer a variety of home-cooked meal options that promise good flavor and health benefits.

“Slow-roasting and lower in fat than other entrées makes this an ever more popular choice,” says Frampton. Because Savory Roasted Rotisserie Chicken is

a proven customer favorite, Hy-Vee wants to be sure to have them ready when you want them—for dinner, any night of the week. “We want our customers to know we will have them hot and ready to pick up every day from 5 to 7 p.m.,” he says.

Freshly roasted chickens make last-minute meals or special events easy. Add other quick-to-prepare foods that complete the meal or recipe. In the event the Hy-Vee Kitchen runs out you get your next rotisserie chicken free, or you can take 8 pieces of Hy-Vee Crisp and Tender Chicken home instead, at no charge.

Our Original Savory Roast Rotisserie Chicken **\$4.99**



DRINKS FOR DINING

Mingling while sipping encourages conversation, and planning drinks that complement the food heightens the dining experience. Cocktails before dinner stimulate the appetite for the main course. It's customary for hosts to serve the first round, then let guests make their own.

Vodka, gin, and rum are standard bar favorites with mixers of fruit juices, club soda, tonic water, and soft drinks. Pleasant extras include lime juice, sugar, simple syrup (boil two parts sugar with one part water), and dry vermouth for martinis. Expand options with tequila and liqueurs, or such trendy mixers as Red Bull and pomegranate juice. Pre-made cocktail mixes are a reliable shortcut.

Garnishes of olives, lemon and lime slices, cocktail onions, mint, maraschino cherries, and chilled cut fruits are flavorful and appealing additions to drinks. Use a divided tray or cluster small bowls on the bar for neat presentation.

Bar accessories—shakers, strainers, jiggers, and muddlers—can be improvised or purchased from Hy-Vee. Serve drinks in appropriate glasses for each beverage from martini and old-fashioned (or rocks) to beer and wine. For the latest trend of stemless wine glasses to other glasses and barware, visit Hy-Vee.

Make it easy for guests to mix beverages by providing recipes—a few classics with a couple of modern concoctions. Provide the recipes on pretty cardstock and post them at the bar.

For dinner, offer an assortment of wines and beers. Traditionally, red wines are served with red meats and white with seafood, although either are a personal preference. Whatever your entrée, offer both red and white wines—one or two varieties of each. Find wine and food pairings at www.hy-vee.com (Wine and Spirits under Helpful Resources). Light and crisp beers generally complement summer foods, but an assortment of several beers allows for individual choice.

Most important, be a responsible host. Offer food throughout the evening, limit alcohol consumption, establish designated drivers when guests arrive, and provide a selection of nonalcoholic beverages.

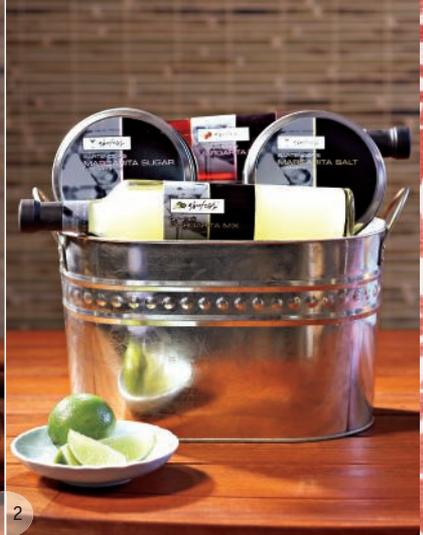
1. Mirassou Wine: Cabernet Sauvignon, Chardonnay, Pinot Noir, or Sauvignon Blanc 750 ml **\$7.97**
2. Bartles & Jaymes Malt Beverage: selected varieties 4 pk. **2/\$6.00**
3. Spring Heat Wheat NEW Gluten Free 6 pk. bottles 12 oz. **\$6.99**
4. Boulevard 12 pk. bottles 12 oz. **\$10.97**

NOTE: PRICES DO NOT INCLUDE DEPOSIT WHERE REQUIRED.





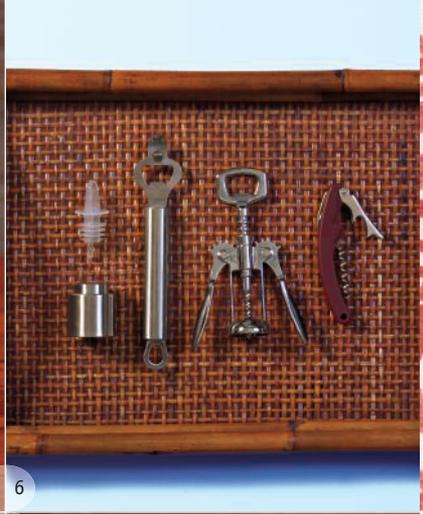
1 2



3 4



5 6



7 8



FROZEN DAIQUIRI

- ALL YOU NEED:
- 12 oz. can frozen limeade
 - 12 oz. can frozen lemonade
 - 1½ cups water
 - 2 cups sugar
 - 1 fifth (1 liter) white rum
 - 1 large bottle (2 liters) 7-Up

- ALL YOU DO:
1. In a pitcher, mix together juices, water, and sugar; add rum.
 2. Transfer to a freezer-safe container and freeze for 3 to 4 days. Stir each day.
 3. To serve, place 2 scoops frozen mix into glass and fill with 7-Up; stir.

BERRY SLUSH

- ALL YOU NEED:
- ½ cup prepared Hy-Vee lemonade
 - 1 cup frozen Hy-Vee unsweetened raspberries
 - 1 cup frozen Hy-Vee unsweetened strawberries
 - 1½ cups ice cubes
 - 2 oz. tequila
 - 1½ tbsp. Hy-Vee granulated sugar

- ALL YOU DO:
1. Combine all ingredients in blender. Blend until smooth.
 2. Serve immediately or store, covered, in freezer.

STRAWBERRY FREEZE BREEZE

- ALL YOU NEED:
- 1 lb. frozen unsweetened strawberries, thawed slightly
 - ½ cup sugar
 - 2 tbsp. lemon juice
 - 16 oz. club soda, chilled
 - Small amount of mint springs for garnish

- ALL YOU DO:
1. Place half the ingredients, except garnish, in blender. Blend until smooth.
 2. Pour into pitcher. Repeat remaining ingredients; garnish.
 3. Makes about 1½ quarts. Depending on sweetness of berries, add more sugar if desired.

FOR MORE DRINK RECIPES, GO TO HY-VEE.COM

1. Kendall-Jackson Wine: Chardonnay, Zinfandel, or Syrah 750 ml **\$12.98**
2. Patio Margarita Party in Bucket 1 ct. **\$19.96**
3. Absolut Vodka: selected varieties 750 ml. **\$19.97** Bacardi Rum: superior or golden 1.75 ml. **\$20.98**
4. Stemless White Wine Glasses 16 oz. 4 pc. **\$9.96**
5. Margarita Glasses 10 oz. 4 pc. **\$14.98**
6. Deluxe Corkscrew 1 ct. **\$4.97** Bottle Opener 1 ct. **\$1.44** Stainless Steel Waiters Friend 1 ct. **\$1.98** Wine Pourer & Stopper Set 2 pc. **\$4.97**
7. Stemless Red Wine Glasses 17 oz. 4 pc. **\$9.96**
8. Cosmopolitan Drink Kit with Pink Tote 1 ct. **\$29.96**



ORIGINAL BACARDI MOJITO

Mix for six (batch)



INGREDIENTS

- 1 part Bacardi Rum
- 3 parts Hy-Vee Club Soda
- 12 mint Leaves
- ½ lime, sliced
- ½ part sugar

SERVING INSTRUCTIONS

Place mint leaves, sugar, and lime in glass. Muddle well with a pestle. Add Bacardi, top off with club soda, stir well, and garnish with sprigs of mint or a lime wheel.

FOR MORE MOJITO RECIPES, GO TO BACARDIMOJITO.COM



Mike Kueny—gardener,
lawn ranger, fish fancier,
and family man—finds
expression for his passions
with a well-tended yard.

TURF

WRITTEN BY **JULIE MARTENS**

PHOTOGRAPHED BY **PETE KRUMHARDT** PRODUCTS PHOTOGRAPHED BY **KING AU** AND **TOBIN BENNETT**
ILLUSTRATED BY **ANN WEISE**

Zooming along on his commercial Toro mower, Mike Kueny clips seven lawns in 45 to 50 minutes—and that includes giving his own turf a double-cut. The 48-inch cutting deck of the mower and zero-turn radius make quick work of mowing. Every night after work, Mike takes 18-month-old son Michael for a ride on the mower. “I have a retractable seatbelt to hold him safely,” Mike says. “We often ride along the sidewalks, traveling on idle.”



WARRIOR



Mike and Shelly introduce Michael to one of the pond's turtles. "The turtles eat the same food as the koi, so when you feed the fish, the turtles appear," Mike says.

SOME MEN RELAX ON NEATLY CLIPPED FAIRWAYS; OTHERS DISPEL WORK-DAY PRESSURES ON QUIET LAKES. IOWAN MIKE KUENY CULTIVATES THE BEST OF BOTH WORLDS RIGHT IN HIS OWN BACKYARD, WHERE EVERY DAY IS AN ESCAPE FROM THE ORDINARY.

Located in Johnston, Iowa, Mike's yard blends container gardens, a pond stocked with fish, waterfall, firepit, perennial plantings, and meticulously maintained turf. Individually, each aspect of the scene earns rave reviews; collectively, the components commingle to stage a breathtaking show.

Evenings after work, Mike, a store director for Hy-Vee in Des Moines, tours the garden area with his youngest, 18-month-old Michael. "It's a great getaway after work," he says. They inspect the pond, greet the Japanese koi, and survey the lawn, Mike's prize gardening effort. He devotes 5 to 6 hours a week to caring for the pond and garden—a time commitment that excludes mowing. "The time I spend is by choice," he says. "I love being out here."

AQUATIC ADVENTURES

It's hard to choose which aspect of Mike's backyard earns best of show—pond and waterfall, cascades of flowers that spill over deck rails, or planting beds that bubble with color and texture. For most folks, the biggest draw is the water feature.

Mike attributes his desire for a backyard pond to his childhood hobby of tending fish-filled aquariums. His love for ponds gurgled to life in Kansas City when, after seeing a backyard pond, he built one in his yard. He's been hooked on water features ever since.

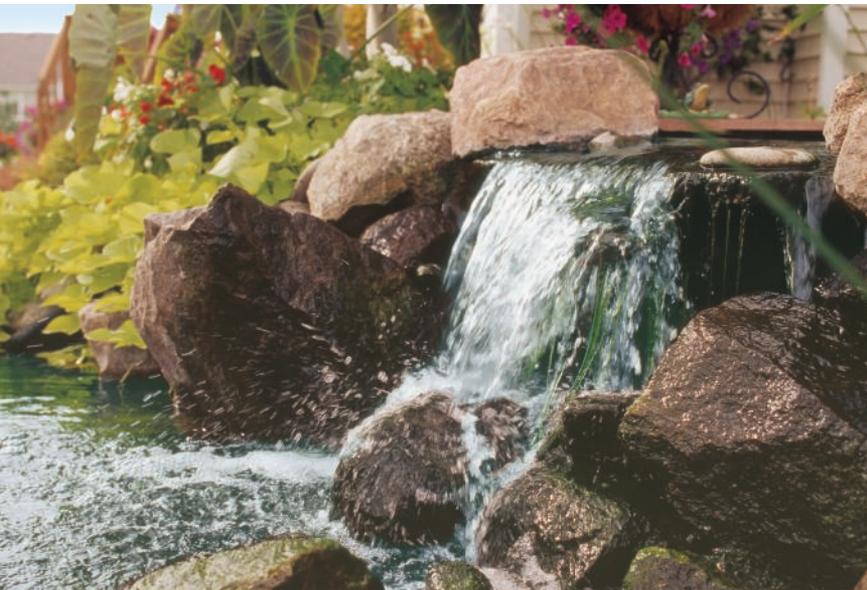
After his family moved to Iowa in 1999, Mike built a series of three ponds over seven years. Each pond was bigger or had a feature that distinguished it from its predecessor. "The last pond I built was featured on the Polk County Water Garden Association tour in summer 2004," Mike says.

"That day, many people posed this question: 'If you were starting over, would you build it yourself or have someone else build it?' I always answered that I would have someone else build it because when a problem arises, you can call them to fix it." Mike had battled leaks in his first two ponds in Iowa and could never locate the source of the problem.

When he took his own advice, he hired a professional to design and install the current pond and waterfall. Mike's favorite features are the shallow depth—just 6 inches deep the first 4 feet—and the extension flagstone, which extends about 2 feet



The pond was stocked with three to four Japanese koi. Successful reproduction has built the population to nearly 30. "You get attached to these fish," says Mike. "They're very tame and will take food right out of your hands. The neighborhood kids like that."



over the pond. “The deep water (24 inches) is under that stone—that’s where the koi hide from predators,” Mike says. The waterfall runs year-round. “It’s beautiful in winter,” he says.

PLANTS WITH PIZZAZZ

Plants that feature eye-catching good looks surround the pond and enhance its beauty. Mike relaxes while digging in the soil, tending perennials and annuals. “I enjoy perennials the most,” Mike says. “Once you position them, you can watch them develop over time. That’s fun.” A self-taught gardener, many perennials in Mike’s yard hail from, or are inspired by customers’ gardens.

“As I started to garden, I began to associate with people who have gardens. I’ve met customers who garden and visited their yards. Gardeners are always willing to share their plants.” Mike added the variegated Japanese silver grass (*Miscanthus sinen-*

continued on page 38

WATERY WISDOM

If Mike Kueny’s water garden whets your appetite for a backyard pond, consider these tips before breaking ground.

TAKE A TOUR. Get your feet wet by visiting water gardens and talking to homeowners. For inspiration and practical advice, study water gardens and learn all you can. Read books about water gardens whether you build the pond yourself or have one installed.

THINK BIG. Most pond owners agree: The one thing they would change about their water garden is the size. “Bigger is better,” Mike says. “It’s like an aquarium—a large one is easier to care for than a smaller one.”

KEEP IT CLOSE. Position the pond near the house—where you’ll see and hear it. For year-round enjoyment in every climate, place a water garden near windows, visible from indoors. In regions with freezing winter temperatures, Mike suggests devising a plan for filling the pond. “You have to replace water that evaporates,” he says. “In winter, that can be tricky.”

ADD SOUND. Incorporate a waterfall or fountain for sound effects. Splashing water soothes the senses, attracts wildlife—such as colorful songbirds—and masks street noises.

MIMIC NATURE. Mix sizes of stones for a natural appearance. Mike’s garden features flagstone that extends out over the water. “When you’re on that stone, you’re right above the water, like a part of the pond,” Mike says.

BLUR THE EDGES. Position plants to transition among water, rocks, and lawn. Mike uses trailing plants, such as sweet potato vine, to clamber over stones and cascade into the water.

STOCK LIVING COLOR. Fish add dimensional darting, diving color. Japanese koi, Golden Orfe, and goldfish are common choices; turtles add whimsical nature.

ROSES FOR THE MIDWEST

Hy-Vee is proud to announce the arrival of Home Run shrub rose, the flame-red offspring of the hugely popular Knock Out rose introduced in 2000. Striking 5-petal single blooms measure 3 inches across and contrast beautifully against glossy green foliage on bushy rounded shrubs. Blooms repeat their performance in only 30 days—compared to typical shrub roses that repeat bloom in 40 to 45 days. Extremely resistant to disease, black spot, and powdery mildew, Home Run performs like an all-star. Winter-hardy to Zone 5, the rose thrives in Zone 4 with minimal protection. Best yet, Home Run will be available at Hy-Vee Garden Centers beginning this April—just in time to feature several in sunny flowerbeds.

Shrubrose assortment featuring New Home Run **\$19.44**





'Profusion Cherry' zinnia (*Zinnia* 'Profusion Cherry')

Russian sage (*Perovskia atriplicifolia*)

Wave petunias (*Petunia x hybrida* 'Wave')



Japanese silver grass (*Miscanthus sinensis* 'Variegatus')

'Stella' daylily (*Hemerocallis* 'Stella de Oro')

Water lettuce (*Pistia stratiotes*)



'Bertram Anderson' sedum (*Sedum* 'Bertram Anderson')

'Sunny Border Blue' veronica (*Veronica* 'Sunny Border Blue')

Rose dianthus (*Dianthus* 'Ideal Select Rose')

sis 'Variegatus') after seeing it in a customer's yard. "I knew it would be perfect to soften the corner of the house," he says.

The deck boasts window boxes that unfurl vines like Rapunzel's locks, often touching the ground by summer's end. Six 8-foot cedar boxes perch along deck rails, sprouting 'Purple Wave' petunias and 'Margarita' sweet potato vine. Mike lines the boxes with 2 inches of pea gravel then adds fresh Miracle-Gro potting soil each spring. Mike's wife, Shelly, waters the annuals, and gives them Miracle-Gro fertilizer every Sunday. The planter boxes typically last four to five years.

LAWN CARE LEGACY

Every few evenings, Mike takes a spin through six neighboring yards, giving them a cut with his Toro commercial mower. "When we first moved here, I had a Lawn Boy, and it took two and a half hours to mow my lawn," he says. "That's why I bought a commercial mower—and partly why I ended up mowing so many yards."

"My backyard goes into a hill and, frankly, once I started mowing, it was just easier to keep going—so I did!" Mike says. The commercial mower combines a 48-inch deck and a zero-turn radius to give Mike efficiency when he's mowing. He mows seven yards in 45 to 50 minutes, including mowing his own twice.

Perhaps it's Mike's mowing, or old-fashioned neighborly ways. Lawn care in this neighborhood is definitely a team event. "I mow seven yards. Another neighbor handles edging those yards, while yet another does string trimming," Mike says.

THE NEIGHBORHOOD HUB

When Mike and Shelly moved to the neighborhood, theirs was only the third home. Today, more than 100 houses fill surrounding streets. While the Kueny's backyard is a private paradise, fences are noticeably absent in this development—which means neighbors enjoy Mike's yard, too. "My house is on the corner when you drive into the subdivision," says Mike. "The road runs straight to my pond, so it is a neighborhood focal point."

Trickling water beckons passersby to stop and savor the scene, and a gumball machine filled with fish food lures youngsters to visit the pond. "Kids feed the fish all summer," says Mike. "The fish come right up to their hands." The flagstone path surrounding the pond provides sturdy footing, and the shallow depth ensures safety for curious children.

More than a waterfall or promise of feeding fish, neighbors are drawn to the yard by the sensory delight of a crackling fire. "In summer, we burn in our contained firepit nearly every night," Mike says. "We have sticks for roasting marshmallows, we play



TURF LOVE

You don't have to be a lawn ranger to grow great grass. Even weekend warriors can tame a plot of turf to unfurl a toe-tickling carpet of luxurious green. Follow Mike's advice to a healthy lawn.

WATER. "If you want a nice yard, you have to water, water, water," Mike says. "I water my yard every third day, unless it rains," he says. His 13,000-square-foot yard has 12 irrigation zones and he sets the system to irrigate 20-25 minutes per zone.

FERTILIZE. Green grass doesn't just happen. "Fertilizer is key," Mike says. Fertilizer schedules vary based on turf type. Check with a lawn expert to establish a feeding plan for your yard.

MOW. Mike mows every third or fourth evening, removing only ¼ inch at each cutting. A sharp blade gives the best cut, so Mike sharpens blades every three to four weeks. "I own two sets of blades so the mower isn't down while the blade's being sharpened," he says. Mike rotates four mowing patterns.

ATTACK. Watch for pest infestations and weeds. When Mike spots grub damage in a neighbor's yard, he treats for grubs in his. "They'll get here eventually," he says. He has few weed problems. If your lawn is generally weed-free, deal with occasional offenders by spraying with a broadleaf weed killer, which kills weeds, not grass.

music, and the pond is fully lit—inside and out. The sounds of fire and water at the same time is soothing."

Rocks for sitting encircle the firepit, so there's always a place to relax and ponder mesmerizing flames. "The neat thing about my yard is that we're at one of the highest points in the county," Mike says. "We can see the downtown skyline. It's beautiful." Just like the surrounding scenery.

KUENY LANDSCAPE AND PLANTS

- | | |
|--|---|
| A. Spirea (<i>Spiraea</i> spp.) | V. Monarda (<i>Monarda didyma</i>) |
| B. Coral bells (<i>Heuchera</i>) | W. Liatris (<i>Liatris spicata</i>) |
| C. Fernleaf buckthorn (<i>Rhamnus frangula</i> 'Asplenifolia') | X. Garden phlox (<i>Phlox paniculata</i> 'Pink Flame') |
| D. Viburnum (<i>Viburnum</i> spp.) | Y. Mellow Yellow spirea (<i>Spiraea thunbergii</i> 'Ogon') |
| E. Hosta (<i>Hosta</i> spp.) | Z. Water lettuce (<i>Pistia Stratiotes</i>) |
| F. 'Royal Standard' hosta (<i>Hosta</i> 'Royal Standard') | RO. 'Knock Out' shrub rose (<i>Rosa</i> 'Knock Out') |
| G. Dwarf Evergreen | CO. Coreopsis spp. |
| H. Sedum | WL. Waterlily |
| I. 'Stella' daylily (<i>Hemerocallis</i> 'Stella d'Oro') | AR. Globe arborvitae (<i>Thuja occidentalis</i> 'Globosa') |
| J. Juniper | VR. 'Sunny Border Blue' veronica (<i>Veronica</i> 'Sunny Border Blue') |
| K. Russian sage (<i>Perovskia atriplicifolia</i>) | WP. Water Plant |
| L. Annual | PE. Petunia |
| M. Columnar buckthorn (<i>Rhamnus frangula</i> 'Columnaris') | |
| N. Imperial taro (<i>Colocasia antiquorum</i> 'Illustris') | |
| O. Boxwood (<i>Buxus</i> spp.) | |
| P. 'Margarita' sweet potato vine (<i>Ipomoea batatas</i> 'Margarita') | |
| Q. Ornamental grass | |
| R. Dwarf fountain grass (<i>Pennisetum alopecuroides</i> 'Hameln') | |
| S. Purple coneflower (<i>Echinacea purpurea</i> 'Magnus') | |
| T. Cranesbill geranium (<i>Geranium pratense</i> 'Splash') | |
| U. Siberian Iris (<i>Iris Sibirica</i>) | |





1. Flexedge Lawn Edging Kit 20" \$13.95
2. Maintainer Rake 22" frame 60" handle \$19.96
3. Scott's Standard Spreader 1 ct. \$34.98
4. X Seed Ultra Lawn Hardy Lawn Seed Mixture 20 lb. \$39.96
5. X Seed Ultra Lawn Hardy Lawn Seed Mixture 3 lb. \$7.98

BELOW:

Hy-Vee Premium 4 Bag Fertilizer Program, includes Steps 1-4 (\$10 gift card, free with purchase) \$48.42

Hy-Vee Premium 5 Bag Fertilizer Program, includes Steps 1-5 (\$10 gift card, free with purchase) \$59.40

HY-VEE PREMIUM FERTILIZER

For a lawn that is the envy of your neighborhood, turn to Hy-Vee for fertilizers and specialty lawn products. Read on for details of what these products can do to promote healthy growth in your yard.

Fertilizing is an important lawn practice; to meet this lawn-care challenge, Hy-Vee introduces the Premium Lawn Fertilizer Program. The 4- or 5-step fertilizer program promotes dark green grass, helps grass recover from stress, and prevents weeds and diseases.

Lawns require three major nutrients—nitrogen, phosphorus, and potassium—listed as N-P-K on product labels. Nitrogen (N) is required most: however, too much nitrogen can lead to excess top growth. Hy-Vee Premium Lawn Fertilizer contains extended feeding with controlled release nitrogen that allows controlled growth. Nitrogen percentage (by weight) is the first of three numbers on the label, followed by phosphorus (P) and potassium (K). For example Hy-Vee Crabgrass Preventer has a 30(N)-3(P)-4(K) analysis. Thirty percent of the 17-lb. bag is nitrogen. Nitrogen percentage indicates how much fertilizer is needed. One pound of nitrogen per 1,000 square feet is usually suggested for lawns.

Hy-Vee's Premium Lawn Fertilizer Program is a complete, step-by-step program for the entire season:

- * In early spring, apply Hy-Vee Crabgrass Preventer to thicken lawns and prevent such annual weeds as crabgrass and foxtail. Hy-Vee Crabgrass Preventer contains the active ingredient Dimension, which is a nonstaining season-long control.

- * In late spring, apply Hy-Vee Weed & Feed with Dissolve to control more than 250 broadleaf weeds. Hy-Vee Weed & Feed, with particle technology, enhances weed control.

- * In early summer, use Hy-Vee Insect Control Granules to kill 30 major lawn pests. Hy-Vee Insect Granules control fleas, ticks, ants, and other lawn insects.

- * In late summer, apply Hy-Vee Lawn Food to thicken all varieties of turf grasses.

- * To round out the season-long program, in the fall use Hy-Vee Winterizer to stimulate root growth and promote winter hardiness. This application is an important step to jump-start a green lawn the following spring.

Purchase Hy-Vee Premium Lawn Fertilizer 4- or 5-step program or individual bags. Save money in 2007 and earn a \$10 Hy-Vee Gift Card for every 5,000-square-foot 4- or 5-bag program purchased. There is no limit on savings.

STEP 1: EARLY SPRING

Hy-Vee Crabgrass Preventer controls crabgrass and other weeds for up to 4 months. Controlled-release nitrogen extends greening, while iron gives extra greening. 17 lb.



STEP 2: LATE SPRING

Hy-Vee Weed & Feed provides quick and extended greening. It controls dandelions and more than 250 other broadleaf weeds; it also contains iron for extra greening. 16 lb.



STEP 3: EARLY SUMMER

Hy-Vee Insect Control contains bifenthrin and contributes to thick, green lawns. It controls ants, armyworms, ticks, chiggers, crickets, fleas, millipedes and many other insects. 10 lb.



STEP 4: LATE SUMMER

Hy-Vee Lawn Food can be used on all turf grasses and gives a quick green-up without danger of burning. Controlled-release nitrogen extends the greening process. 16 lb.



STEP 5: FALL

Hy-Vee Lawn Food Winterizer promotes early spring green-up and thick, green lawns all year. It can be used on all turf grasses. 16 lb.





BIGGER IS BETTER— FLOWERS WITH IMPACT!

The bigger the pot, the better the plant, the bigger the results! Time spent planting—entire yards or a few hanging baskets—is rewarded many times over.

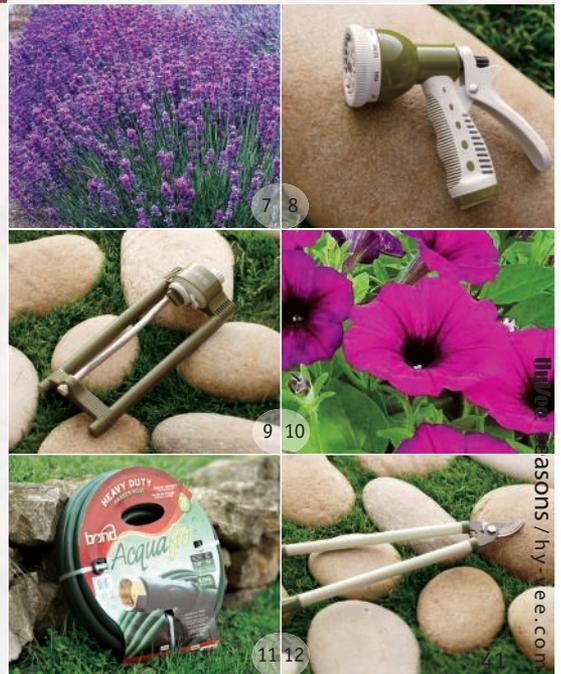
Just as interior decorating creates distinctive interiors, gardening personalizes our exterior spaces for relaxing and entertaining.

Gardening is a favorite American pastime, yet research shows that time is the biggest obstacle. Today's gardeners want to spend less time waiting, watering, and weeding, and more time on family activities. *Bigger is Better* flowers in large-size pots, mean more time to enjoy plants and less time planting, fertilizing, and waiting for show. Large pot size (5-inch quart) allows plants room to grow and establish strong, healthy roots. Large plants take less time to establish in the garden. With *Bigger is Better* plants, dig fewer holes, yet create garden impact that wraps yards in brilliant color.

Bigger is Better flowers have been extensively tested for success. Ramblin' Trailing Petunias, for example, grow out, not up, to blanket flowerbeds and spill from baskets. Kong Coleus offers large leaves and distinctive colors to spice up shady areas. Proven winners varieties of plants set hanging baskets and patio pots apart from the norm. Traditional accent plants, such as spikes, vinca, sweet potato vine, and sprengeri—in *Bigger is Better* pots—fill out plantings quickly. When time, space, and patience are in short supply, enjoy gardening to its fullest and remember that bigger truly is better.



1. Sunray Pruner or Saw: assorted styles 1 ct. **\$6.96**
2. Acquaflo Extra Heavy Duty Garden Hose 75' **\$29.99**
3. #1 Hy-Vee Garden Helper New & Unique Perennial Assortment (available mid April) **2/\$20.00**
4. Sunray Impulse Sprinkler 1 ct. **\$9.99**
5. Sunray Metal Hedge Shear 21" **\$5.44**
6. Spring Bowl: pansy or viola fiber bowl 8" **6.42**
7. 5" Bigger is Better Annuals: choose from pansy, dianthus, or snapdragon **2/\$7.00**
8. Sunray Deluxe Metal Nozzle 9 pattern **\$5.88**
9. Sunray 15 Hole Oscillating Sprinkler 1 ct. **\$5.88**
10. Spring Bowls Grower: assorted petunia & cold weather annuals **\$6.42**
11. Acquaflo Heavy Duty Garden Hose 50' **\$14.99**
12. Sunray Metal Lopper 24" **\$5.44**





SERVE UP SUNSHINE

Indoors or out, cloudy or sunny, make your meals happy and bright with bold colors and carefree designs.

WRITTEN BY JILANN SEVERSON PHOTOGRAPHED BY TOBIN BENNETT

HyVee Plastic Round Party Tub Lime Green 1 ct. \$5.98

Flower power... retro-chic...fun and funky...dèjà-vu decorating. Whatever you call it, the look of the '60s is back with updated colors and refined motifs. This time around, lime green, orange, turquoise, and blue rule the palette. Although colors are cool and crisp, the energetic designs make them sunshine bright—especially when flowers and stripes make up the patterns.

Pretty plastics that sport these colors and retro designs are perfect for summer entertaining. There's no worry about shattering when they're dropped, putting guests and hosts in relaxed mode, and because they're plastic, clean up is a breeze. Purchase enough dinnerware, drinkware, and serving pieces at your Hy-Vee store to serve your average number of guests, and clear a shelf in the kitchen or near the back door to store them close at hand for outdoor dining. Store matching centerpieces, candles, and napkins—and you're ready for entertaining at a moment's notice.

For serving, consider divided trays, and use them for more than chips, salsa, and veggie trays. Put them to work serving pick-up-and-go desserts, condiments for burgers and dogs, or a mini-buffet of sides or entrées. Standard serving pieces, such as platters and bowls, and a few extra dinner plates to use for serving are a must.

Keep a variety of pitchers handy to fill with different beverages or multiples of one drink to reduce trips inside for refills. Hang vellum tags on handles to identify drinks. Pitchers with spigots are perfect for making iced tea or mixing lemonade. To keep drinks from diluting in warm weather, freeze gel-filled plastic ice cubes ahead of time. Plop frozen cubes in pitchers and jars, and have a cooler full of extra cubes, ready for guests to add to their drinks. Gel-filled cubes are available in fun shapes at your local Hy-Vee store. Remember to pick up stir sticks for mixed drinks and homemade lemonade.

When preparing for a large party, avoid potential traffic jams by setting up multiple small stations instead of one large serving table. Place bottled and canned drinks in large ice-filled tubs to keep beverages handy. Serve desserts and munchies at other tables and locations, keeping just the entrée and sides at one large table. This setup keeps the party moving smoothly and encourages guests to mingle.

Whether you're planning a party for 20 or picnic for 2, bright and happy dinnerware establishes an upbeat, playful mood, and the colors and perky posy patterns will make you smile as you set the table.



1



2

1. Melamine Plate with Floral Design 14" 1 ct. \$1.99



3

2. Two Compartment Melamine Tray with Floral Design 1 ct. \$.98

3. Stripe Plastic Pitcher with Glasses \$14.96



4

4. Six Compartment Melamine Tray with Floral Design 1 ct. \$1.99

5. Lime Green Plastic Plate 10" 1 ct. \$.98



5

6. Plastic Sun Tea Jar with Floral Print 10" 1 ct. \$5.98



6

7. Ceramic Boot Vase: assorted colors 7" \$5.44



7

A stack of three wicker picnic baskets is the central focus. The top basket is a small, round, woven basket with a white scalloped-edge cloth lining its rim. The middle basket is a larger, cylindrical wooden-woven basket with a small American flag attached to its front. The bottom basket is another large, cylindrical wooden-woven basket. The baskets are placed on a white tablecloth with a red and white floral pattern. The background is a soft-focus green lawn.

PERFECT
PICNIC



PICNICS OFFER CAREFREE SUMMER FUN WHEREVER YOU MAY ROAM.

WRITTEN BY TAMARA R. POOL PHOTOGRAPHED BY TOBIN BENNETT AND KING AU

Picnics are welcome diversions throughout the summer, especially on the Fourth of July. An afternoon outing with friends and family is an event to make memories, build relationships, play games, enjoy nature, and share delicious picnic fare. Good planning ensures that each picnic, in the backyard or miles from home, takes into account food, location, activities, and everyone who attends.

Make picnics more memorable by choosing unusual locations, times of day, or patriotic or whimsical themes. Consider spreading a picnic on blankets in a meadow midway along a horseback-riding trail, serving a roadside picnic of healthful foods when traveling, or hosting a shelter-house barbecue competition.

Plan picnics around boating excursions, hikes through wooded trails, lazy days at the beach, day-outings at state parks, or mid-day breaks while exploring museums and historical landmarks. After selecting a site, make necessary reservations and investigate special holiday events—such as fireworks displays and local celebrations.

Food, always the center of a gathering of family and friends, can be as exciting as the surroundings. Add interest to traditional picnic fare—burgers, hotdogs, brats, beans, and salads—with a trip to the Hy-Vee meat department for gourmet burgers, and the deli, produce aisle, and bakery. Cut short preparation and clean up with a variety of meats to grill or use in sandwiches, cheeses and spreads, delicious side dishes, artisan breads, fresh watermelon and cantaloupe, bottled beverages, and individually packaged snacks and desserts.

Call baskets and large storage containers into service to tote tableware, packaged foods that don't require chilling (chips, pretzels, cookies, and snack foods), games, blankets, and crafts. Small stackable bakery and crafts stores containers are useful for holding pies, cakes, cookies, or bars. Stack the filled boxes, tie snugly with twine, and the pack is easy to transport.

Plan for plenty of ice to keep foods safely chilled, at or below 40°F for meats and salads. Pack plenty of tightly sealing food containers to store foods separately and pack away leftovers. Food safety experts often recommend using two or more coolers. Assign a separate cooler for beverages, ensuring that the cooler for menu items isn't opened frequently, allowing warm air in. When it's time to serve chilled foods, burrow food containers in a bed of ice, and keep lids handy to discourage pesky insects. Use foil to cover foods hot off the grill to keep in the heat, keep out insects, and reflect the sun. For food safety, remember: Keep hot foods hot and cold foods cold; and if in doubt, throw it out.

Double the fun of picnicking with day-long events. Doling out fresh fruit and veggies and healthful snacks can be easy—and clean up a breeze—with individually packaged granola bars or peanuts, trail mix divided in snack-size resealable storage bags, big cookies in waxed paper sandwich bags, and baby carrots or watermelon chunks in small containers. For an evening treat, hand out bags of crunchy caramel corn and crisp sweet apples, or have ready the makings for S'mores over an open fire.



1. Great for the grill—Bakery Fresh Heat & Serve Garlic Bread 1 lb. **\$1.88**
2. Farmland Beef or Jumbo Cheese Franks 16 oz. **2/\$5.00**
3. Hormel Flavored Pork Loin Fillets: assorted flavors 1.7 lb. **\$6.99**
4. Fresh from our kitchen—Confetti Chicken Salad per lb. **\$4.99**
5. Johnsonville Smoked or Cooked Bratwurst: assorted flavors 14-16 oz. **2/\$5.00**
6. Build the perfect sub sandwich—Bakery Fresh French Loaf 2 ct. pkg. **\$1.49**
7. Planters Trail Mix: selected varieties 6 oz. **2/\$3.00**
8. HoneySuckle White Fresh Ground Turkey Patties 16 oz. **2/\$4.00**
9. Klement's Fresh Bratwurst or Italian Sausage: assorted flavors 16 oz. pkg. **\$2.88**
10. The freshest sandwich bun available—Fresh Baked Daily White or Wheat Hamburger Buns 8 ct. **\$1.88**

For entertainment throughout the day rely on tried-and-true family games—tug of war, three-legged races, relays, and watermelon-seed-spitting contests. Time competitors as they race through a challenging obstacle course of natural barriers, such as trees, shrubs, and rocks. Include all ages in the fun by asking anyone who doesn't participate in the race to time the relays and award prizes.

Less physical activities include gathering the group to read patriotic poems, stories, or speeches, while sharing memories or photos from past celebrations. Crafts offer a quiet respite. Projects such as the pinwheel (see *page 49*), are fun for all ages, make pretty table decorations, and can be taken home as a memento of the day.

Enhance your day by discovering and learning about nature. Plan a nature hike and provide field glasses, nature guides, compasses, first-aid kit, and maps of the trail, including points of interest, and a predetermined destination.

PACKING FOR THE PICNIC

The right gear makes for a comfortable outdoor experience. Hy-Vee offers a variety of products for summer excursions, including camp chairs and a host of coolers. Keep these items in your car throughout the summer for sporting events, fishing, family reunions, fireworks displays, outdoor concerts, and other summertime gatherings. Coolers, a must for picnics, also come in handy throughout the summer for brief shopping trips. Keep extra storage bags in the car for items that must stay cool and dry, such as medicine and baby bottles.

BELOW (left to right):

1. 3-Piece Cooler Set: 9 Liter, 2 Liter, ¾ Liter **\$19.98**
2. Camp Chair with Cup Holder 32" x 21" x 31" **\$12.96**
3. Double Seat Campchair with Cup Holder 55" x 21" x 35" **\$34.42**
4. Lounger Camp Chair with Cup Holder and Head Cushion 31" x 26" x 39" **\$19.97**



BUILD A BETTER BURGER®

Grilling in the backyard, park, or while camping says summer as well as watermelon and fresh sweet corn. This grilling season, try Hy-Vee's grill-ready Gourmet Steakhouse Burgers from the Hy-Vee Meat Market case—they're sure to please the crowd around your picnic table. Gourmet Steakhouse Burgers, available year-round, are especially popular in outdoor grilling months. "If you haven't had one yet, you may be missing out on the best burger you've ever grilled," says Jason Pride, Meat Supervisor in Hy-Vee's Western Region.

Taste and convenience are paired in these gourmet burgers, according to Jason. He notes that grillers will save prep time because the 5-ounce burger patties are pre-seasoned with fresh, flavorful ingredients and ready to sizzle. All burgers are fresh certified ground chuck.

The four varieties:

- **BURGER MIGNON**, the most popular flavor, incorporates shredded Cheddar, chopped onions, and blue-cheese crumbles.
- **MUSHROOM-ONION-SWISS**, a perfect combination of fresh diced mushrooms and white onions and shredded Swiss cheese.
- **BACON AND CHEDDAR**, the all-American favorite with real bacon bits and shredded cheddar cheese.
- **SOUTHWEST**, a taste-tempting burger with shredded taco-flavor cheese, diced onions, chopped green chiles, and seasonings.

To ensure food safety, test all grilled meats for doneness with a food thermometer that registers 160°F inserted in the thickest part of the meat.



GRANDMA'S MINI CHERRY PIES

Makes 4 Mini Pies

ALL YOU NEED:

3 cups flour	1 tbsp. Hy-Vee Apple Cider Vinegar
1 tsp. salt	1 egg (beaten)
1 tbsp. sugar	½ cup ice cold water
1 cup shortening	2 (21-oz.) cans cherry pie filling

ALL YOU DO:

1. Preheat oven to 375°F (190°C). 2. Combine flour, sugar, and salt and cut in shortening with a knife. 3. Add vinegar, egg and water; mix with fork. 4. Divide dough into four parts; wrap in plastic wrap and chill for 30 minutes. 5. For each mini pie place one dough ball on floured surface; cut off one-third of the dough; set aside. Roll remaining dough to fit the pie tin; trim the edges with a sharp knife. Combine the excess pie scraps with the remainder of the dough ball, roll out, and cut ½-inch strips. 5. Spoon one-half can of pie filling into each shell. 6. Place the strips on pie filling to form a lattice top, trim to fit, and press the edges of the lattice to the lower crust edge with a dab of water to seal. 7. Bake on a baking sheet approximately 35 minutes until golden brown; cover the edges and/or top with foil to prevent crust from browning too quickly. Cool on wire rack.

Daily nutritional values: 2% vitamin A, 0% vitamin C, 2% calcium, 4% iron. Nutrition information per serving: Calories: 120, Carbohydrate: 20 g, Cholesterol: 15 mg, Dietary Fiber: 1 g, Fat: 3.5 g, Protein: 2 g, Saturated Fat: 1 g, Sodium: 100 mg, Sugar: 12 g.

MONSTER COOKIES

Makes 102 cookies

ALL YOU NEED:

- 1 cup butter, softened
- 3 cups creamy peanut butter
- 1 ½ tsp. corn syrup
- 1 ½ tsp. vanilla
- 2 ½ cups packed brown sugar
- 2 cups white sugar
- 6 whole eggs
- 4 tsp. baking soda
- 9 cups uncooked quick oats
- 1 (9.4 oz.) package M&M candies
- 1 (12 oz.) package chocolate chips



ALL YOU DO:

1. Preheat oven to 350°F.
2. Cream together butter, peanut butter, corn syrup, vanilla, sugars, and eggs. Stir in remaining ingredients.
3. Drop by tablespoonfuls onto cookie sheets and flatten a little.
4. Bake at 350°F for 10 to 12 minutes. Do not overbake or cookies will not be soft.

Nutrition Facts per serving: 130 calories, 7 g fat, 2.5 g saturated fat, 0 g trans fat, 15 mg cholesterol, 90 mg sodium, 17 g carbohydrates, 1 g fiber, 11 g sugar, 3 g protein. Daily Values: 2% vitamin A, 0% vitamin C, 2% calcium, 4% iron.

BASIC S'MORES

Makes 1 cookie

ALL YOU NEED:

- 2 large Hy-Vee marshmallows
- 1 Hy-Vee graham cracker
- ½ Hershey's milk chocolate candy bar



ALL YOU DO:

1. Break graham cracker in half and place candy bar on one half.
2. Toast marshmallows on bark-stripped stick over grill or campfire until a light golden-brown; place marshmallows on top of chocolate bar.
3. Top with the other half of graham cracker; squeeze together.

Nutrition Facts per serving: 230 calories, 9 g fat, 5 g saturated fat, 0 g trans fat, 5 mg cholesterol, 105 mg sodium, 36 g carbohydrates, 1 g fiber, 23 g sugar, 3 g protein. Daily Values: 0% vitamin A, 0% vitamin C, 10% calcium, 4% iron.



TAKE A HIKE

Plan a nature hike by creating a map of the area you will explore, keeping in mind ages and physical capabilities of everyone hiking. Include points of interest, rest stops, destination point, and information about trail's distance and difficulty. Trail mix bagged in small sacks tied with kitchen string, bottles of cold water, field guides, field glasses, compass, small first-aid kit, and stack of maps make this a well-organized activity for most ages.



MAKE A PINWHEEL

For the pattern, fold a 6-inch paper square diagonally in fourths (triangle shape). Unfold and mark the center of the square with a fine tip marker; use a ruler to mark the fold lines from corners to within 1-inch of the center mark (these are cutting lines). Transfer pattern to scrapbook papers. Cut out the squares and glue two papers together, back to back; cut on cutting lines. Fold every other corner to the center mark. Press a thumb tack through all layers into an 18-inch long by ¼-inch diameter dowel (from crafts or home stores).

FOR MORE RECIPES GO TO HY-VEE.COM



1 2



3 4



5 6



7 8



9 10



11 12



13 14



1. Hy-Vee Graham Crackers: selected varieties 14 to 14.4 oz. **2/\$3.00**
2. Hershey's Milk Chocolate Candy Bars 6 pk. **2/\$5.00**
3. Hy-Vee Marshmallows: regular or mini 10 oz. **\$.68**
4. Pepperidge Farms Chocolate Chunk or Soft Baked Cookies: selected varieties **2/\$5.00**
5. Midwest Country Fare Napkins white 200 ct. **\$1.28**
6. Chinet Value Pack Platters 24 ct. or Dinner Plates 32 ct. **\$3.97**
7. Morton Salt & Pepper Shakers 2 pk. **10/\$10.00**
8. Empire Citronella Galvanized Bucket Candle 34 oz. **\$3.99**
9. Hy-Vee Snap & Seal Storage 40 or 50 ct. or Freezer Bags 30-40 ct. **2/\$5.00**
10. Kraft Pasta Salads: selected varieties 6.4-7.3 oz. **10/\$10.00**
11. Yuban Coffee: selected varieties 11 or 12 oz. **\$2.48**
12. Hy-Vee Plastic Utensils: forks, spoons or combo 48 ct. **10/\$10.00**
13. Velveeta Cheese Slices regular or extra thick 12 oz. **\$2.29**
14. Deja Blue 24 pk .5 Liter **2/\$10.00**
15. Cheez Whiz: plain, light or salsa con queso 15 oz. **\$2.69**
16. Old Orchard 100% Apple or Grape Blends or Cranberry Cocktail: selected varieties 64 oz. **\$1.77**
17. Large Plastic Pasta Bowl with Tongs: assorted colors 1 ct. **\$4.96**
18. Gatorade Sports Drink: selected varieties 64 oz. **2/\$4.00**
19. Elite Essentials Kitchen Utensils: selected varieties 1 ct. **\$2.99**
20. Plastic Tea Jar with Spout 1 ct. **\$4.42**
21. Jif Peanut Butter: creamy, reduced fat or crunchy 40 oz. **\$3.99**
22. Diet Rite 12 pk. cans 12 oz.: selected varieties (deposit where required) **3/\$9.00**
23. Mrs. Smith's Pies, Crisps or Cakes: selected varieties 12 to 37 oz. **2/\$7.00**
24. Hy-Vee Specialty Mustards: spicy brown, dijon or honey 12 oz. **\$.98**
25. All Pyrex Containers in stock **25% off**
26. Tropicana, Lipton, or Aquafina Splash: selected varieties 12 pk. .5 Liter **\$5.99**
27. Keebler Townhouse Crackers: selected varieties 12-16 oz. **\$1.88**
28. Bugles 14.5 oz., Gardetto's 14.5 oz., Lunch Muncher Chex or Traditional 14.4 oz. or 15.75 oz. or Chex Snack Mix: selected varieties 15 oz. **2/\$5.00**
29. Hy-Vee Sweet or Dill Relish 10 oz. **\$.88**
30. Frick's Ham Slices in Natural Juices per lb. **\$3.68**



15 16



17 18



19 20



21 22



23 24



25 26



27 28



29 30



CARAMEL CORN

Serves 8

ALL YOU NEED:

2 cups brown sugar
1 cup margarine
½ cup light corn syrup
1 tsp. salt
1 tsp. vanilla
½ tsp. baking soda
8 cups popped corn (discarding any unpopped kernels)

ALL YOU DO:

1. Preheat oven to 250°F. 2. Place popped corn in a large bowl. Combine brown sugar, margarine, corn syrup and salt in a saucepan over medium heat. Let mixture come to a boil, stirring constantly, for 5 minutes. 3. Stir vanilla and baking soda into mixture. Pour immediately over the popped corn. Mix to coat evenly. 4. Pour into two large baking pans (8-½ x 11-inch or larger) and place in 250°F oven for 1 hour. Stir every 15 minutes. When cool, store in a covered container.

Daily nutritional values: 20% vitamin A, 0% vitamin C, 6% calcium, 8% iron. Nutrition information per serving: Calories: 500, Carbohydrate: 76 g, Cholesterol: 0 mg, Dietary Fiber: 1 g, Fat: 23 g, Protein: 1 g, Saturated Fat: 4 g, Sodium: 670 mg, Sugar: 59 g, Trans fats: 0 g



Treat bags, colorful sacks from Hy-Vee's gift wrap aisle embellished with ribbon and a computer-generated label, provide old-fashioned goodies for fireworks watchers. Glue ribbon in place with a glue stick or adhere with double-stick tape. Make label on a computer or by hand and glue or double-stick tape it to the front. Fill bags and fold closed using double-stick tape.



Hy-Vee seasons / GARDEN 2007

Kansas City area Hy-Vee Meat Market managers (left to right) Jim Dunn, Todd Eisenbeis, and Dan Brandon prove that their grilling skills have earned royal standing.

KINGS OF THE GRILL



THESE THREE GRILL-MEISTERS LIVE HIGH ON THE HOG. LEARN A FEW OF THEIR SECRETS TO GREAT GRILLING.

WRITTEN BY CRAIG SUMMERS BLACK PHOTOGRAPHED BY TOBIN BENNETT

Yes, serious grillers have their secrets, their sauces, and their smokers, but 7-year-old Seth Eisenbeis will tell you that if he can fire up the real deal—albeit with a little help from Dad—so can you.

Seth has joined his dad, Todd, and dad's buddy Dan Brandon as the newest member of Who Let the Hogs Out, the three-member barbecue team led by these two Kansas City Hy-Vee Meat Market managers. Last year, the trio placed nationally, placing 11th overall in the American Royal Barbecue competition—part camp-out, part contest, part party—the Superbowl of Grilling.

How big a deal is this? Big enough that Todd and Dan made their grill from a cement truck water barrel.

"Mine's a 250-gallon one," Todd says. "I can cook about 700 pounds on it."

When Seth isn't competing, you'll see him in the backyard—dad firing up his smoker, and Seth—right beside him—firing up his.

"It's a little bitty Weber," Todd says. "He is probably an expert on cooking hotdogs. And he has his own secret sauce—ketchup."

That secret sauce stuff is no joke to these guys. Dan won't even tell you what he calls his concoction.

"I can't tell you the name," he says, almost whispering. "That would let it out."

In Des Moines, where the Hogs are expected in another competition this year, their names are whispered, the stories have become lore.

BBQ Kettle Grill 14" \$14.96



Says Dan, “We heard some guys saying, ‘You can’t ask Dan and Todd about their sauce—they don’t even know what’s in it. Dan knows half and Todd knows the other half.’”

Can that possibly be true?

“Well, of course!” he says with a laugh.

Dan will give you this though: Start out with an Italian dressing marinade, add a nice meat rub, and you can’t go wrong with whatever meat you’re grilling.

“Meat rubs are spices—there’s hundreds of them,” he says. “And you can’t just sprinkle them on. You have to rub them on with your hand. All over.”

Todd will divulge that he likes to use a sauce called Smoking Guns on steaks.

And Jim Dunn, a Meat Market manager at yet another K.C. Hy-Vee, is even more generous with his tricks of the trade: “For my own special hot wings, I coat them in flour with Cookies All-Purpose Seasoning, deep-fat fry them, and while they’re still warm I put them in a 2-gallon zip-lock bag with Hooters sauce. I like it hot—like Three Mile Island. You move the bag around and it coats the wings.”

With steak—“my all-time favorite”—Jim soaks it in Lawry’s marinade. “I usually like the hickory one. And maybe I’ll use some wood chips on the coals—hickory.”

And here’s a marinade passed down from a friend’s mom: “Use equal parts of white cooking wine, Worcestershire sauce, and Hy-Vee Italian Dressing—just pour on a bottle of each. Beef, pork, chicken—they all turn out really good. Melts in your mouth.”

While Todd and Dan are the gunslingers of the grill, Jim’s passion is social. He leaves the competition to the gridiron.

“I have this old bread truck we’ve converted to haul three grills—we call it the Chiefmobile. We tailgate at every Chiefs home game, although we have hauled it to Green Bay and Denver.” Lambeau Field, naturally, lived up to its chilly reputation. “But it’s never too cold to grill!” Jim says. “It was a really neat experience.”

This is how serious Jim’s tailgating gets:

He gets up at 6:30 a.m. for a noon game so he has time to set up three tents for the buffet line. “We even have our own johnny-on-the-spot!” What with grilling for 150, maybe even 200 people, he sometimes has trouble getting inside the stadium for the kickoff. After the game and cleanup, he usually doesn’t get home until 5 or 5:30 p.m.

But it doesn’t dampen his enthusiasm. Far from it. “We change the menu every week,” he says, already planning the next outing.

And if you have to ask what color he painted the former breadmobile, he doesn’t drop a beat.

“Oh, it’s Chiefs red—yeah, buddy!”

And—like the grill—red hot.

HOW TO SET UP THE GRILL

Our master grillers eschew lighter fluid. Instead, they recommend starting coals with a charcoal chimney—a wide metal cylinder with a side handle.

ABOVE, LEFT TO RIGHT: Jim Dunn offers a tempting selection of meats when he fires up the coals at Chiefs games. Kabobs from the Hy-Vee meat market sizzle on the grill. Dan Brandon, Seth Eisenbeis, and Todd Eisenbeis form the award-winning 3-member barbecue team, *Who Let the Hogs Out*.

GRILLS AVAILABLE FROM HY-VEE:

LEFT: Charcoal Grill 18" \$29.44

ABOVE: Standup Charcoal Grill 24" \$29.98



1. Hy-Vee Portabella Mushrooms
10 oz. \$3.88
2. Stainless-Steel Chrome Skewers
4 ct. \$1.42
3. Amablu Blue or Gorgonzola Wedge
4.5 oz. Buy one at \$3.39
get one free.
4. Hy-Vee Cole Slaw Mix
16 oz. \$.99
5. Grill Masters Ground Beef Patties
5 lb. box (individually frozen)
\$5.98
6. Imported from Norway Jarlsberg
Swiss Cheese per lb. \$6.99
7. Grill-Ready Bacon-Wrapped
Chicken Grillers: assorted flavors
10 oz. each 2/\$6.00

GRILLED BEEF STEAKS WITH ANCHO CHILI RUB

Serves 4.

ALL YOU NEED:

- 1 tbsp. ground ancho chili powder.
- 3 cloves garlic, minced
- 1½ tsp. dried oregano leaves, crushed
- 1 tsp. unsweetened cocoa powder
- 1 tsp. freshly grated orange peel

½ tsp. ground cinnamon

- 4 sirloin tip center steaks, cut 1-inch thick (about 8 oz. each) or 4 T-bone steaks, cut 1-inch thick (about 10 oz. each)

ALL YOU DO:

1. Combine chili powder, garlic, oregano, cocoa powder, orange peel, and cinnamon. Press evenly onto steaks.
2. Place steaks on grill over medium, ash-covered coals. Grill covered, 11 to 13 minutes for medium-rare doneness, turning once. Do not overcook.

Nutrition information per serving: Sirloin Tip Center Steak: 410 calories, 23 g fat, 9 g saturated fat, 0 g trans fat, 125 mg cholesterol, 125 mg sodium, 2 g carbohydrates, 1 g fiber, 0 g sugar, 44 g protein. Daily Values: 6% vitamin A, 2% vitamin C, 6% calcium, 20% iron; T-bone Steak: 490 calories, 34 g fat, 13 g saturated fat, 0 g trans fat, 105 mg cholesterol, 115 mg sodium, 2 g carbohydrates, 1 g fiber, 0 g sugar, 42 g protein. Daily Values: 6% vitamin A, 2% vitamin C, 4% calcium, 30% iron.



Ancho chili-rubbed T-bone steak pairs nicely with leafy greens and grilled sweet potatoes topped with butter, cinnamon, and brown sugar.



1. McCormick Grill Mates Seasonings: selected varieties 2-3.4 oz. \$1.29
2. Pace Picante Sauce or Salsa: selected varieties 16 oz. 2/\$4.00
3. Stainless Steel Bakelite BBQ Set with Black Case 8 pc. \$19.98
4. Hy-Vee Tomato Ketchup 46 oz. \$1.75
5. Reynolds Wrap Release Foil 35 sq. ft. \$2.99
6. Hy-Vee Marinades: selected varieties 12 oz. 2/\$3.00
7. Durkee Grill Creations: selected varieties 2-4 oz. \$.99
8. Country Time Lemonade: selected varieties 8 or 10 qt. or On The Go 10 ct. 2/\$3.00
9. Hy-Vee Steak Knife set 4 pc. \$4.98
10. A1 Steak Sauce: selected varieties 10 oz. \$2.97
11. Porcelain Grill 16" or Wok Toppers 12": assorted varieties \$8.87
12. Sweet Baby Ray's Barbeque Sauce: selected varieties 18 oz. 2/\$3.00
13. Good Seasons Salad Dressing: selected varieties 14 oz. 2/\$5.00
14. Lawry's Marinades: selected varieties 12 oz. 2/\$4.00
15. Stainless Steel Heavy Duty BBQ Tools: selected varieties 1 ct. \$6.46
16. Famous Dave's BBQ Sauce: selected varieties 19 or 20 oz. 2/\$4.00
17. Hy-Vee Utility Lighter 2 pk. \$3.96
18. Portable Charcoal Grill 16" \$19.98

Tear two broadsheet newspaper pages (four pages) in half, crumple them up separately, and stuff them into the bottom chamber of the chimney. Load the top of the chimney with charcoal, then light the paper; the coals will be going in minutes.

"Then spread them out and go to town," Todd says. He then sets the rack in place. "Let it heat up," Jim says. "That kills anything on that. Then away we go. The key to it is don't cook everything real fast."

Wait for the coals to get white on the edges. Then either add wood or start grilling.

"The biggest key [to grilling meat] is to stand there and watch it," says Todd. "Don't walk away. Don't let it dry out. Going inside to get a beer is probably not a good idea."

A WORD ABOUT WOOD

Adding a couple chunks of wood—or even a handful of wood chips—to the coals adds to the taste.

If you soak the wood (no bark) in water for an hour or so beforehand, it adds even more to that smoky flavor. And, as Jim Dunn says, "Smoke actually kills bacteria. They can't survive that environment."

Here's a breakdown on which meats the guys like to grill with what woods:

STEAK: Hickory.

CHICKEN: Maple.

RIBS: White oak.

BRISKET: Wild cherry.

FISH: Apple, peach, or alder.

PORK: Apple, white oak.

"We use a lot of fruitwoods," Dan says. "It has a kind of mild taste."



YOU BE THE JUDGE

Competitive grill-masters know the importance of starting with top-quality beef. In Hy-Vee territory, so do the customers. “We listen to our consumers, so we know what’s important to them,” says Kenan Judge, Assistant Vice President, Meat Operations, Hy-Vee. “Food safety, quality, and convenience go hand-in-hand for them.”

The newest product in Hy-Vee’s signature meat lines is Blue Ribbon Beef, steakhouse-quality meats appropriate for grilling. A complete line of steaks and roasts are recent newcomers to all Hy-Vee stores. “The key word is ‘Blue Ribbon,’ because that means quality to those who enjoy a good cut of meat,” Judge says.

He points out that Blue Ribbon Beef cuts are juicier, more tender, more consistent, and more flavorful than other cuts. “Our tagline is simple: It’s Better Beef—You be the Judge. Blue Ribbon Beef comes from hand-selected cattle, chosen with rigid specifications. Not all beef can carry the Blue Ribbon label.” Judge also points out that Blue Ribbon Beef comes primarily from cattle raised in the Upper Midwest.



Packaging for Blue Ribbon Beef is also a positive for purchasers: Customers can feel assured by the peel-off cooking instructions and be confident in the clear packaging that indicates use-by or freeze-by dates. “We also know that women handling meat do not like meat juices, so the innovative leak-proof packaging for the steaks and roasts in this line takes care of that,” Judge explains.

As with all meats, be sure to store Blue Ribbon Beef in the coldest part of your refrigerator or in the freezer for longer storage.



BEST of the MIDWEST

Middle America offers vacation opportunities galore.

Explore the fun in our states this summer.

Those of us who live in the Midwest recognize that our states are great places to live. They also are wonderful get-away destinations. This summer, make plans to take one—or several—Midwest road trips. There's plenty to do on a weekend, week, or longer. Plot your course by checking our sampler and state tourism departments (see Web sites, *page 63*) for the scoop on activities and sights along the way. Planning and preparing your trip is half the fun. Be sure to stop by your local Hy-Vee to gather all you'll need—cameras, film, coolers, beverages, ice, hand wipes, plastic storage bags, food for roadside picnics, snacks, DVDs, books and music to enjoy while you're on the road.

WRITTEN BY KATHY ROTH EASTMAN

MERAMEC STATE PARK, MISSOURI
PHOTO COURTESY OF MISSOURI DIVISION OF TOURISM

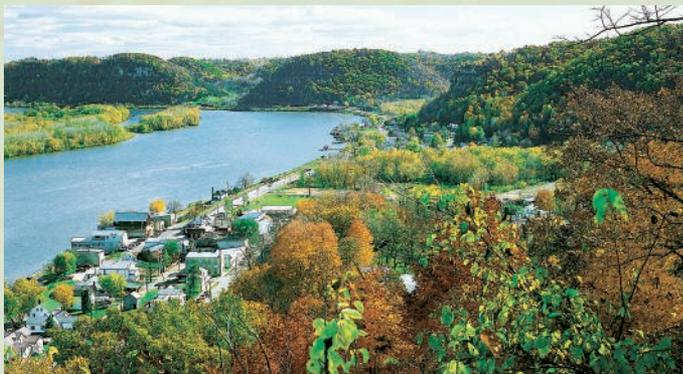
STATE-BY-STATE SAMPLER

A few special activities and attractions in the seven states.

IOWA

Why we love Iowa, The Land Between Two Rivers: Iowa State Fair, Field of Dreams, sweet corn

- **ARTS FESTIVAL AND ARTFEST MIDWEST**, Des Moines, June 29-July 1. Iowa hosts two world-class art festivals that feature entertainment, children's activities, and food. Shuttles are provided between the shows.
- **LIVING HISTORY FARMS**, Urbandale. An outdoor museum with hands-on activities from the 1700s to the 21st century. Numerous events are scheduled, including a Father's Day 1875 Baseball Game, June 17. Bring dad and grandpa to "spring training" and a game with 1870s rules.
- **FIELD OF DREAMS**, Dyersville. Visit the baseball diamond featured in the movie and play on the field for free. For a special treat, visit the field the last Sunday in June, July, August, and September when The Ghost Players perform the "greatest show on dirt."
- **IOWA STATE FAIR**, Des Moines, August 9-19. America's classic state fair and Iowa's largest event boasts headliner grandstand shows, more than \$400,000 in free entertainment, the largest food department of all state fairs, and one of the largest livestock shows in the world.
- **THE MISSISSIPPI RIVER MUSEUM AND AQUARIUM**, Dubuque. Discover the magic of the people and wildlife of the Mississippi River, theater performances, more.
- **HERBERT HOOVER PRESIDENTIAL LIBRARY**, West Branch. This summer, check out the exhibit "American Mysteries, Riddles, and Controversies" featuring mysterious elements of American history.
- **TUGFEST**, Le Claire, August 10-11. The only tug-of-war across the mighty Mississippi (or any other moving body of water). The rope stretches between Le Claire and Port Byron, Illinois. Festivals on both sides of the river include music, activities, food, crafts, and fireworks.
- **WORLD'S LARGEST POPCORN BALL AND BARN QUILT TOUR**, Sac City. See a 3,100-pound tribute to the area's popcorn industry. While you're in the area, take a tour of the 54 quilts painted on barns across the county.
- **QUASQUICENTENNIAL CELEBRATION**, Laurens. Part of this celebration (July 20-22) will be a performance by the Farmall Promenaders, with eight restored tractors performing square-dance maneuvers.
- **DEVONIAN FOSSIL GORGE**, Iowa City. Walk on, touch, and explore what used to be the ocean floor 375 million years ago.
- **RAGBRAI**, The Register's Annual Great Bike Ride Across Iowa July 22-28. The 35th annual ride, approximately 500 miles, will draw thousands of cyclists. Lance Armstrong is scheduled to ride this year's route.



MISSISSIPPI RIVER,

PHOTO COURTESY OF IOWA TOURISM OFFICE



BUCKINGHAM FOUNTAIN FIREWORKS, CHICAGO

PHOTO COURTESY OF THE CITY OF CHICAGO

ILLINOIS

Why we love Illinois, The Land of Lincoln: Museums, Lake Michigan

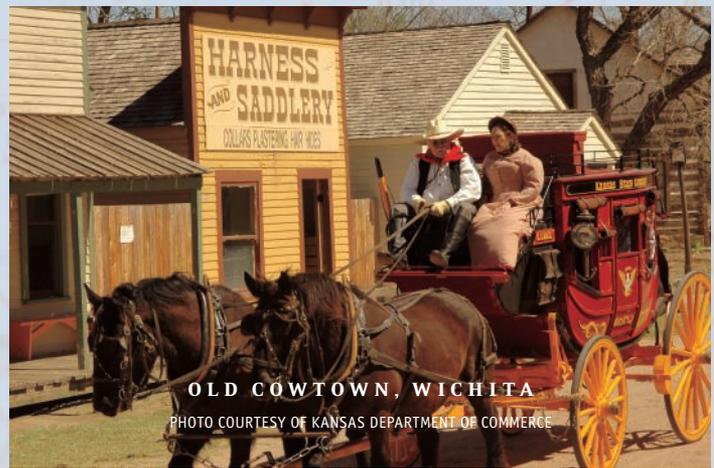
- **LOOKING FOR LINCOLN**, Springfield. Visit the presidential museum with two theaters, a live storyteller, Ghosts of the Library in Holavision, Mrs. Lincoln's Attic, and Lincoln artifacts. Also in Springfield, visit the Lincoln home and tomb, and take a night tour.
- **COMIC BOOK HEROES**, Woodstock. At the Chester Gould Dick Tracy Museum visit the Crimestopper Club Room for kids to experiment with forensic science and drawing techniques. Metropolis has a 15-foot-tall statue of Superman, a Super Museum, and the annual Superman Celebration, which is held each June and includes comic book artists and actors who have appeared in films or on TV.
- **JOHN DEERE PAVILION**, Moline. A stop here includes a history of Midwestern agriculture and features new and historical farm equipment. Climb aboard a modern combine, too.
- **CHICAGO MUSEUMS**. Tried and true favorites are Field Museum of Natural History (see Sue, the T. Rex), Children's Museum, and the Art Institute of Chicago. This summer, the Museum of Science and Industry features a CSI experience. Also check out lesser-known museums, such as the Aurora Regional Fire Museum, with memorabilia of the 1871 Chicago fire; the Chicagoland Sports Hall of Fame; the Graue Mill and Museum (a waterwheel gristmill and stop on the Underground Railroad); and Health World, a hands-on museum where kids walk inside a giant tooth, test their reflexes as a hockey goalie, and take a video ride in a racing ambulance.
- **BASEBALL AND BARBERSHOP**, Midway Village, Rockford. Clap and cheer at a weekend of vintage baseball games and barbershop quartets at the museum August 4-5.
- **HERITAGE DAYS**, Galesburg, August 18-19. This event includes Rendezvous and Civil War reenactments and demonstrations, kids' activities, a petting zoo, crafts, and storytelling.
- **SHAWNEE NATIONAL FOREST**, southern Illinois. Hike, rock climb, ride horses, and view wildflowers amid spectacular scenery.
- **TEMPEL LIPIZZANS**, Wadsworth. Austrian stallions perform June 20-September 2, Wednesdays and Sundays, at Tempel Farms.
- **GREAT RIVER BIKE TRAIL**. This 62-mile trail follows the Mississippi from Rock Island to Savanna. Hop on a Channel Cat Water Taxi and ride to Arsenal Island to visit the Arsenal Museum and a Confederate cemetery.
- **PEACH HARVEST FESTIVAL**, Cobden, August 3-4. Indulge in delicious cobblers and ice cream and see a Peach Queen contest.

KANSAS

Why we love Kansas, The Sunflower State: wheat fields, Wizard of Oz, cowboys

- **GRASSLAND HERITAGE FESTIVAL**, Elkhart, June 2-9. Join the fun of trail rides, campfires, bus tours of the Santa Fe Trail, and a fishing derby.
- **KANSAS COSMOSPHERE AND SPACE CENTER**, Hutchinson. See the largest collection of spacecraft outside Washington, D.C.'s National Air and Space Museum. The Hall of Space Time Machine takes you back through the history of space exploration during the 20th century.
- **ROLLING HILLS WILDLIFE ADVENTURES**, Salina. Immerse yourself in a museum and zoo all rolled into one delightful adventure.
- **FLINT HILLS RODEO**, Strong City, June 1-3. Whoop it up at the oldest consecutive rodeo with a parade, competitions, cowboy church, and dances.
- **FRONTIER WESTERN CELEBRATION**, El Dorado, June 8-10. Join the wild west for a weekend with bull riding on Main Street, cowboy concert, cowboy poetry, and bull-o-saurus bull riding.
- **KANSAS UNDERGROUND SALT MUSEUM**, Hutchinson. Travel 650 feet below ground in a tram at the site of a former salt mine, and learn the history and importance of salt mining.
- **EXPLORATION PLACE**, Wichita. Wow the kids at a children's museum that features hands-on exhibits about flight (including simulators), a three-story castle, and from June 9-September 4 an exhibit of giant robotic insects and arachnids.
- **OLD COWTOWN MUSEUM**, Wichita. See reenactments and special events, and participate in life as it was in pioneer days. There's an Old West town, trading area, cowboy camp, and farm.
- **MOON MARBLE COMPANY**, Bonner Springs. Shop for marbles, and if you're there at the right time, you can watch marbles being made.
- **THE LARGEST BALL OF TWINE**, Cawker City. Weigh in with this 17,320 pound, 40-foot diameter spectacle. There's even a yearly Twine-a-Thon celebration to ensure its continued growth. This year's event is August 17-18.

- **MUSHROOM ROCK STATE PARK**, Marquette. The smallest, most unique state park in Kansas has mushroom-shaped rock formations.
- **KANSAS LAVENDER**, Ingwerson Farms, Topeka, weekends, June 16-July 1. Smell the romance with lavender field trips, wand-making, and cooking demonstrations.
- **OK KIDS' DAY AT WILSON STATE PARK**, Sylvan Grove, July 21. Treat the little ones to a kids' BBQ contest, fishing clinic, homemade ice cream, and games. The event coincides with free parks entrance weekend.
- **WINGS OVER WILSON MIDWEST SLOPE CHALLENGE**, Sylvan Grove, May 17-20. Be in high spirits at the 14th annual remote-control model airplane show featuring fights, races, and flying for fun.
- **SYMPHONY IN THE FLINT HILLS**, Waubaussee County, June 16. Celebrate the plains heritage with music as big as the Western sky as The Kansas City Symphony plays in the tall-grass prairie near Native Stone Scenic Byway.



1 2



1. Quaker Chewy Granola Bars or Fruit and Oatmeal Bars 6-8 ct. **2/\$4.00**
2. Fiji Water 6 pk. .5 Liter **\$4.75**
3. Vitamin Water: selected varieties 20 oz. **10/\$10.00**
4. Nabisco 100 Calorie Cookies, Crackers, or Granola Bars: selected varieties **2/\$5.00**
5. Hy-Vee Vue Sunglasses: assorted frames **25% off**

Hy-Vee stores are located in all seven states—shop before and during road trips for helpful products and friendly smiles.



7



3 4



6. Hi-C Blast or Minute Maid Coolers: selected varieties 6 or 10 pk. **2/\$4.00**
7. Rolling Duffel Bag Set: includes duffel bag on wheels and backpack **\$49.42**
8. Kodak SD Card 512 mb 1 ct. **\$17.97**
9. Banana Boat Sport SPF 30 8 oz. **\$5.99**
10. Kodak FunSaver One Time Use Camera with Flash 27 exposure 2 ct. **\$8.99**
11. Oscar Mayer Thin Sliced Turkey, Ham, or Chicken 6 oz. **2/\$3.00**
Claussen Refrigerated Pickles 20, 24, or 32 oz. **2/\$5.00**



8 9



5 6



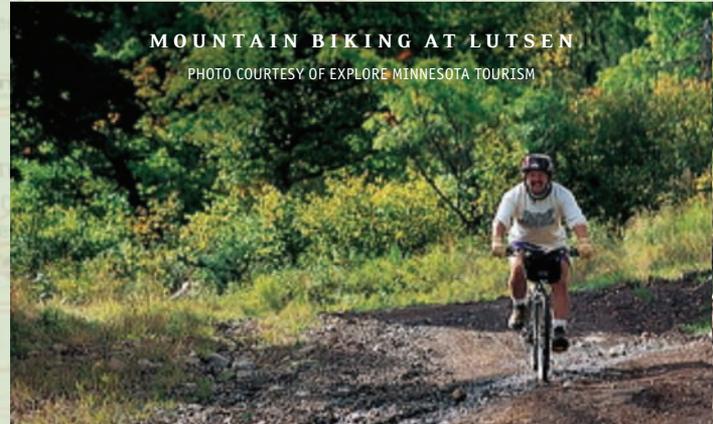
10 11



MINNESOTA

Why we love Minnesota, Land of 10,000 lakes: forests, wilderness north country, Twin Cities, loons, Mall of America

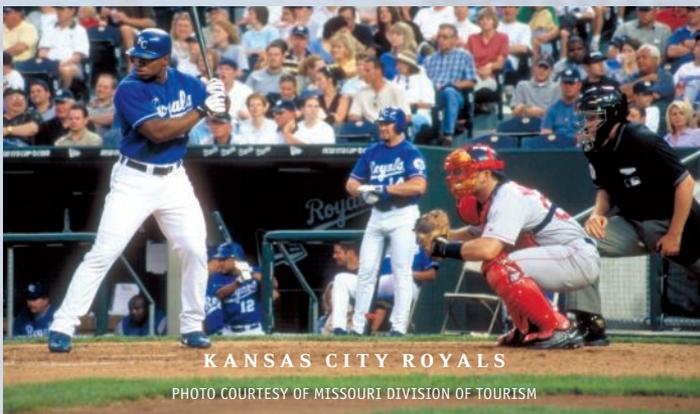
- **IRONWOOD DISCOVERY CENTER**, Chisholm. Experience the story of Iron Range mining and immigration.
- **INTERNATIONAL WOLF CENTER**, Ely. Learn all about wolves and let the kids play in the little wolf exhibit. The Center hosts many summer programs, including Family Wolf Rendezvous for families July 21-24, and Grandparents' and Grandchildren Elderhostel program throughout July and August.
- **SAWTOOTH MOUNTAIN PARK**, Lutsen. Climb "Midwestern Mountains" on a mountain bike, or ride a tram or alpine slide.
- **MALL OF AMERICA**, Bloomington. Besides a world of shopping opportunities, visit The Park at MOA (largest indoor amusement park in the U.S.), Legoland, shark exhibit at Underwater Adventure Aquarium, Dinosaur Walk Museum, NASCAR Silicon Raceway simulated driving, and A.C.E.S. Flight Simulation.
- **LARK TOYS**, Kellogg. Have a ball checking out handmade wooden toys and an antique-toy museum, then ride a handmade carousel.
- **SPAM MUSEUM**, Hormel Foods, Austin. Listen to old radio ads, see the Spamalat skit, and take a Spam Exam.
- **ROOT RIVER AND HARMONY BIKE TRAILS**, Preston and Lanesboro areas. These popular trails wind through artists' galleries, theater, state park, Mystery Cave, Amish buggy country, and trout fishing areas.
- **BIRDERS' RENDEZVOUS**, Voyageurs National Park, June 1-3. Soar to new levels of avian delight with guest speakers and guided bird-watching hikes in Minnesota's only national park.



- **NISSWA TURTLE RACES**, Nisswa. Pace yourself with family fun every Wednesday from June 6-August 15, rain or shine, 2 p.m. sharp. Turtles are provided at the site and prizes are awarded.
- **TASTE OF MINNESOTA**, St. Paul, June 29-July 4. On the 25th anniversary of Minnesota's largest free festival, kick back and relax with music, food, and fireworks.
- **WATER ACTIVITIES**, on the 10,000 lakes. Rent a houseboat on a Northern lake; canoe in boundary waters; or book a stay at a resort to fish, swim, ski, bask in the sun, or just get away from it all.

MISSOURI

Why we love Missouri, the Show-Me State: Ozarks, St. Louis Cardinals, Kansas City Royals



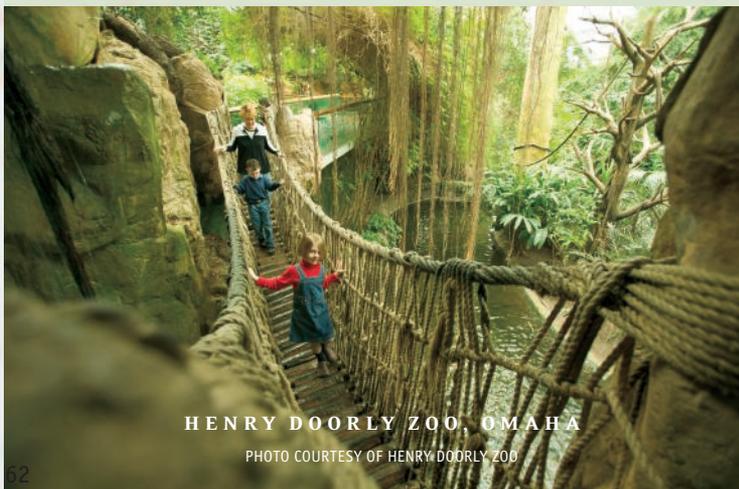
- **FAMILY-FRIENDLY BRANSON**. In addition to water activities on Table Rock Lake, Branson is known for 100 family-friendly shows. Choose from Chinese acrobats, comedy, country, Christian, and classical shows.
- **CAVES**. Missouri has 6,000 of them, with several dozen open to visitors. Springfield's Fantastic Caverns, is a riding tour cave.
- **BASS PRO SHOPS**, Springfield. The "Granddaddy of all sporting goods stores" features an art gallery, museum, waterfalls, a 30,000 gallon salt-water aquarium, restaurant, barber shop, and 300,000 square feet of showroom. While away the day shopping and exploring.
- **ST. LOUIS**. This city has more free attractions than any U.S. city other than Washington, D.C. The zoo, art and science museums, and Gateway Arch are highlights.

- **GEORGE WASHINGTON CARVER NATIONAL PARK**, Diamond. Go nuts at this park's discovery center, museum, nature trail, and Carver's house. Carver Day, June 14, features a film festival, tours, and music.
- **ST. LOUIS CARDINALS**. A tour of Busch stadium and the playing field and, of course, attending a game are sure to be hits with the whole family.
- **ELEPHANT ROCKS STATE PARK**, Pilot Knob. Giant granite boulders lined up like circus-train pachyderms are great fun for kids to climb. The park also features a fun and educational Braille trail.
- **CIRCUSES**, St. Louis. See the greatest show on earth times two. City Museum has a circus with clowns, stilt walkers, jugglers, magicians, performing parrots, dancing dogs, and more. Circus Flora, June 7-24, is an intimate one-ring theatre circus with audience members just 2 to 42 feet from the ring.
- **THIRD DEGREE GLASS FACTORY**, St. Louis. On third Fridays, visitors listen to music and watch artists wield molten glass into works of art.
- **ROUTE 66 TREASURE HUNT**, August 31-September 2. Travel Route 66 from St. Louis to Springfield, visiting garage sales all along the way.
- **TRAILS FROM THE SQUARE**, Independence. Thousands of people embarked on the Oregon, California, and Santa Fe trails from Independence. At the National Frontier Trails Museum, learn about the "jumping-off" experience during walking tours offered June 9, July 8, and August 11.
- **INTERNATIONAL BOWLING MUSEUM**, St. Louis. Get bowled over with 5,000 years of bowling history. Admission includes four frames of bowling.
- **HARLEY DAVIDSON FACTORY TOURS**, Kansas City. See a film and displays, visit the factory floor, and sit on current models. *Note:* Children under 12 are not allowed in the factory.

NEBRASKA

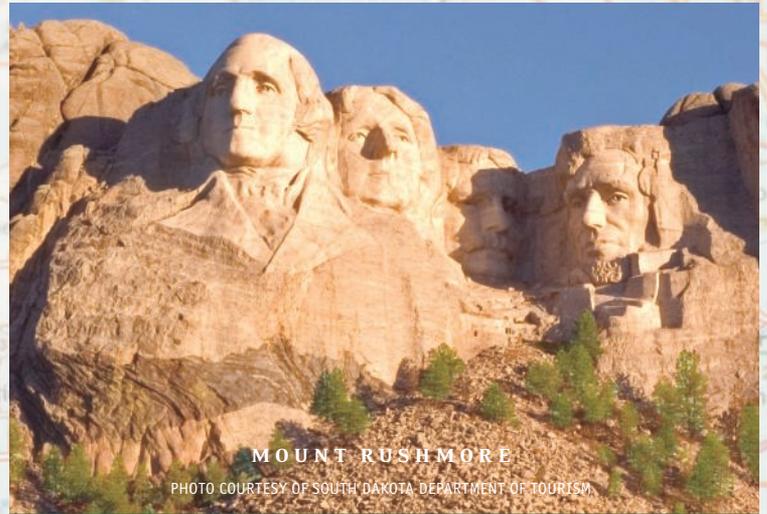
Why we love Nebraska, The Cornhuskers (Go Big Red!): Sand Hills,
Henry Doorly Zoo

- **STUHR MUSEUM OF THE PRAIRIE PIONEER**, Grand Island. Step back to historic times: Civil War Weekend, June 9-10, with battles, tours, and demonstrations; It's a Cowboy's Life, July 27-28, with campfires, stories, music, roping, rustling, and wagon rides; Sunday Afternoon with Tom and Huck, August 5, with fishing, boat building and racing, and games.
- **KREYCIK RIVERVIEW ELK RANCH**, Niobrara. Tour a working farm in a covered wagon and view grazing elk and buffalo.
- **GREAT PLATTE RIVER ROAD ARCHWAY MONUMENT**, Kearney. This museum spans I-80 at exit 272. Stories of the Mormon, California, and Oregon trails, Pony Express, Iron Horse, and more.
- **SHORT CATTLE DRIVE AT THE MOORE RANCH**, near Dodge City. Saddle up and help with the longhorn cattle drive, eat from a chuck wagon, and sleep under the stars with other cowboys and cowgirls.
- **NEBRASKALAND DAYS**, North Platte. Listed as a top 100 event by the American Bus Association, this 13-day event in mid-June features a rodeo, concerts, golf tournament, food contests, and more.
- **STRATEGIC AIR AND SPACE MUSEUM**, Ashland. View famous aircraft, missiles, and spacecraft, fly flight simulators, and learn about the history of Strategic Air Command (SAC).
- **FORT ROBINSON STATE PARK**, Crawford. Stay in the same cabins where blue-coated cavalrymen bunked. Activities include trail rides, tours, swimming, trout fishing, crafts, hiking, stagecoach rides, and viewing bison and longhorn herds.
- **ZOOS**. At the Lincoln Children's Zoo, one-third of the animals housed here are threatened or endangered species. Visitors watch butterflies emerge from cocoons in the Butterfly Pavilion. Henry Doorly Zoo, Omaha, has a new Orangutan Forest and Gorilla Valley and the world's largest nocturnal animal exhibit, indoor rainforest, and indoor desert.
- **LEWIS AND CLARK CHILDREN'S INTERPRETIVE ART WALL**, Bellevue. More than 700 handmade tiles by young people living in states along the Oregon trail offer children's perspectives of the expedition.
- **OLD-FASHIONED DRIVE-IN THEATERS**. Find three drive-ins: Kearney Drive-In, Kearney; Sandhills Drive-In, Alliance; and Starlite, Neligh.
- **BAILEY RAILROAD YARD**, North Platte. From an observation deck, watch 130 trains come through the yards daily.
- **GRUNDLOVSFEST (DANISH) DAYS**, Dannebrog, June 2-3. Get a taste for a faraway land at this cultural event featuring Danish pancakes, a parade, melodrama, games, crafts, Danish dancers, and duck races.
- **THE KATY TRAIL**, St. Charles to Clinton. This 225-mile bicycle trail is fairly flat and an easy ride for even the youngest riders.



HENRY DOORLY ZOO, OMAHA

PHOTO COURTESY OF HENRY DOORLY ZOO



MOUNT RUSHMORE

PHOTO COURTESY OF SOUTH DAKOTA DEPARTMENT OF TOURISM

SOUTH DAKOTA

Why we love South Dakota, The Mount Rushmore State: Black Hills,
buffalo, rodeos, dinosaur digs

- **BLACK HILLS, BADLANDS, MOUNT RUSHMORE**. Plan an entire vacation in this area. See Bear Country (in the 3-mile drive view bears, mountain lions, wolves, elk, bighorn sheep, and buffalo); take balloon, helicopter, and train rides; visit the Petrified Forest of the Black Hills. Presidents' Park, near Deadwood in the Black Hills, boasts 20-foot tall likenesses of 42 presidents. View the fireworks at Mt. Rushmore on July 3.
- **JEWEL CAVE**, west of Custer, is a national monument. At 137 miles long, it is the second-longest cave in the world.
- **CORN PALACE**, Mitchell. The onion-domed building exterior is redesigned each year and decorated anew with grain. The Stampede Rodeo, July 19-22 at the palace, is one of South Dakota's "2007 Great Events."
- **SOUTH DAKOTA RANCHES**. At Allen Ranch, Hot Springs, sleep in teepees, go tubing, or take an overnight horse trip. At the State Game Lodge, Custer (the summer White House for President Calvin Coolidge), take a buffalo safari jeep tour, go to fly-fishing school, or join a chuckwagon cookout. At the Circle View Guest Ranch, Interior, sleep for a night in an original 1880s homestead cabin. At Dakota Prairie Ranch Bed and Breakfast, Oelrichs, there's hiking, fishing, horse-camping, ranch work watching, a prairie dog town, and a natural warm-water pool. The Flying B Ranch Bed and Breakfast, Rapid City, is a 3,500-acre working cattle ranch. Help with feeding and fencing (or just watch, if you prefer).
- **PALEOADVENTURES**, Belle Fourche. Dig up fossils with professionals. You can even keep some of the prizes you unearth (anything scientifically significant has to be left behind). Recommended for ages 8 and older.
- **FORT SISSETON STATE PARK ANNIVERSARY**, Lake City, August 11-12. Tour the fort, paddle a canoe, play old-time games, and fly kites.
- **SHANNON'S SURVIVAL HIKE**, Lewis and Clark Recreation Area, Yankton, August 25. Discover how Private Shannon, with the Lewis and Clark expedition, got lost and survived for two weeks eating native plants.
- **BUFFALO CAVE ARCHAEOLOGY SITE**, Edgemont. See petroglyphs and pictographs in Rock and Pine Adventures tour. Other tour attractions are one of Custer's campgrounds and "Buffalo Stairs."
- **WILD HORSE SANCTUARY**, Hot Springs. Unadoptable wild mustangs live free on 11,000 acres. Bus tours, Adventure Tours, and overnights in a rustic cabin are available.
- **LAURA INGALLS WILDER PAGEANT**, DeSmet, weekends, July 6-22. When the Ingalls family homesteaded in DeSmet, they endured "the long winter." Each year, their lives are celebrated with a pageant featuring one of Wilder's books. Visitors are shown 16 locations mentioned in her books.

PLAN YOUR TRIP

State tourism departments offer a wealth of information—lists of events, dates, and locations, as well as links for dining and lodging. Visit these web sites to plan your Midwestern Getaway. (*Note: Confirm events, dates, and locations in the sampler with designated state's tourism department before finalizing plans.*)

- **IOWA:** traveliowa.com; find mileage charts, maps, and a directory of free wi-fi spots. 1-888-472-6035
- **ILLINOIS:** enjoyillinois.com; find 3-Day Getaways and Top Spots. 1-800-406-6418
- **KANSAS:** travelks.com; find Quirky Kansas attractions and Home Cooking links. 1-800-252-6727
- **MINNESOTA:** exploreminnesota.com; find travel counselors and field reports. 1-888-868-7476
- **MISSOURI:** visitmo.com; find One-Tank Trips and a Trip Planner. 1-800-519-2100
- **NEBRASKA:** visitnebraska.org; find scenic byways and vacation packages. 1-877-632-7275
- **SOUTH DAKOTA:** travelsd.com; find Only in South Dakota and travel specials. 1-800-732-5672

VISIT HY-VEE IN ALL SEVEN MIDWESTERN STATES: IOWA, ILLINOIS, KANSAS, MINNESOTA, MISSOURI, NEBRASKA, AND SOUTH DAKOTA.

 <p>1 2</p>	 <p>3. Select Warner Home Entertainment double-feature DVDs only \$6.99, regularly \$7.99. Select from: Arnold Schwarzenegger's <i>Collateral Damage/Eraser</i>; Jackie Chan's <i>First Strike/Mr. Nice Guy</i>; Harrison Ford's <i>Frantic/Presumed Innocent</i>; Hulk Hogan's <i>Mr. Nanny/Suburban Commando</i>; National Lampoon's <i>Loaded Weapon/Senior Trip</i>; Chevy Chase's <i>Spy's Like Us/Nothing but Trouble</i></p>	 <p>9 10</p>	
 <p>3 4</p>	 <p>2. Hy-Vee Yogurt To-Go: sel. varieties 18 oz. \$1.59</p> <p>3. Del Monte Fruit Cups: sel. varieties 4 pk. \$1.88</p>	 <p>11 12</p>	
 <p>5 6</p>	 <p>4. Hy-Vee Trail Mix: sel. varieties 32 oz. \$4.58</p> <p>5. Hy-Vee Dry Roasted Peanuts: sel. varieties 16 oz. \$1.77</p>	 <p>13 14</p>	
 <p>7 8</p>	 <p>6. Duracell Batteries 8 pk. AA/AAA, 4 pk. C/D or 9 V 2 pk. 2/\$10.00</p> <p>7. Propel Fitness Water: sel. varieties 6 pk. 500 ml. 2/\$6.00</p>	 <p>15 16</p>	



back to school

COMING THIS SUMMER. Great tips and suggestions in the upcoming issue of *Hy-Vee Seasons*. It's all about back-to-school. Articles and special selections on after-school snacks, eating together as a family, great savings and more. Pick one up at your Hy-Vee.

**HEART
POUNDING**

**ADRENALINE
RUSHING**

**BLOOD
PUMPING**

**(AND THAT'S JUST WHAT
THE SPECTATORS
GO THROUGH)**



HyVee[®]
triathlon
DES MOINES, IOWA • 2007

Ever see a World Cup or Olympic qualifying event up close? So close that you *feel* the excitement? Well, now's your chance. The Hy-Vee Triathlon will showcase some of the finest athletes in the world. The best of the best coming together to compete in what is being billed as the biggest triathlon event, ever.

DON'T MISS OUT. BE PART OF IT. | JUNE 16 & 17, 2007

REGISTER OR VOLUNTEER TODAY!

Details and registration at www.hy-veetriathlon.com

A photograph of a duck with a white neck and a dark brown patch around its eye, standing in a garden. The duck is looking to the left. The background is filled with green foliage and red flowers, creating a soft, natural setting.

a garden of helpful ideas

Search thousands of recipes.

Find a dietitian near you.

Plan your meals online with dietitian suggested weekly menus.

Refill your prescription.

Save money with instant coupons.

View weekly Hy-Vee ads.

Send flowers.

Order a cake.

Pick out a party tray.

Upload, share and print your digital memories.

Discover perfect wine and food pairings.

Locate a Hy-Vee store near you.

Learn and grow with your new baby.

Keep your pet happy and healthy.

all this and more—updated weekly

hy-vee.com

